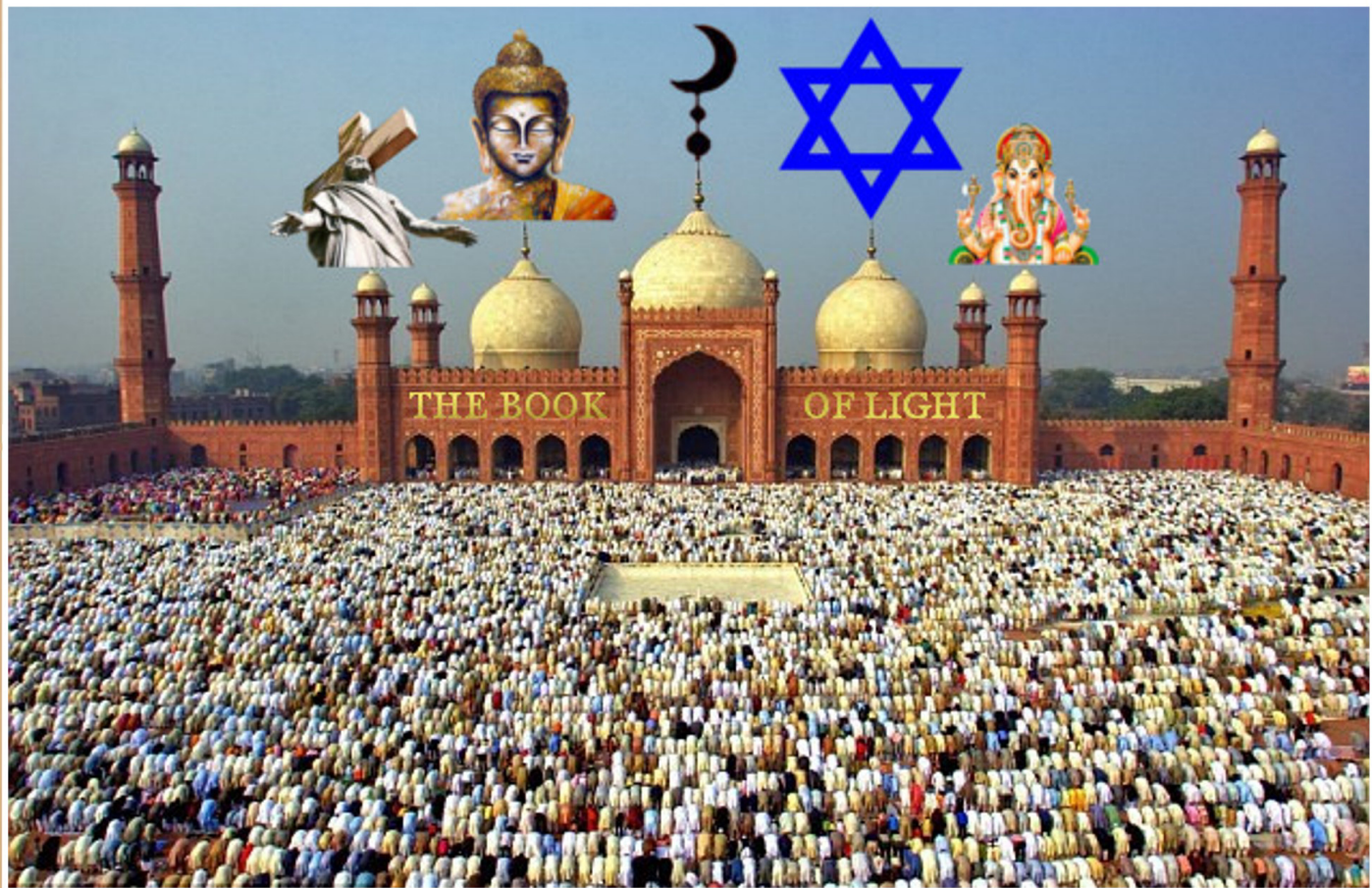


# **THE BOOK OF LIGHT**

**LANOO**  
***(Christian Anders)***





DEAR READER,

WELCOME TO A JOURNEY THROUGH TIME AND SPACE FOR 311,040,000,000,000 YEARS OF HUMAN AND COSMIC EVOLUTION.

AT REAWAKENING OF THE UNIVERSE THE FIRST SPIRIT FALLS INTO MATERIAL WORLD, IMPRINTING THE ARCHETYPAL UNIVERSE, WHICH IS COSMOS IN EMBRYO, AWAITING PERFECTION.

GLORY TO THE BOOK OF LIGHT

## THE ARCHETYPAL UNIVERSE



The following was written in a diseased state. Forgive the bad handwriting. OM.

### THE ARCHETYPAL UNIVERSE

See the cosmic principles and elements as merged in to each other and not, as in the diagram, one above the other. The diagram shows symbolically all cosmic elements and spheres at reawakening of the universe about

150,000,000,000,000 years ago. OM.

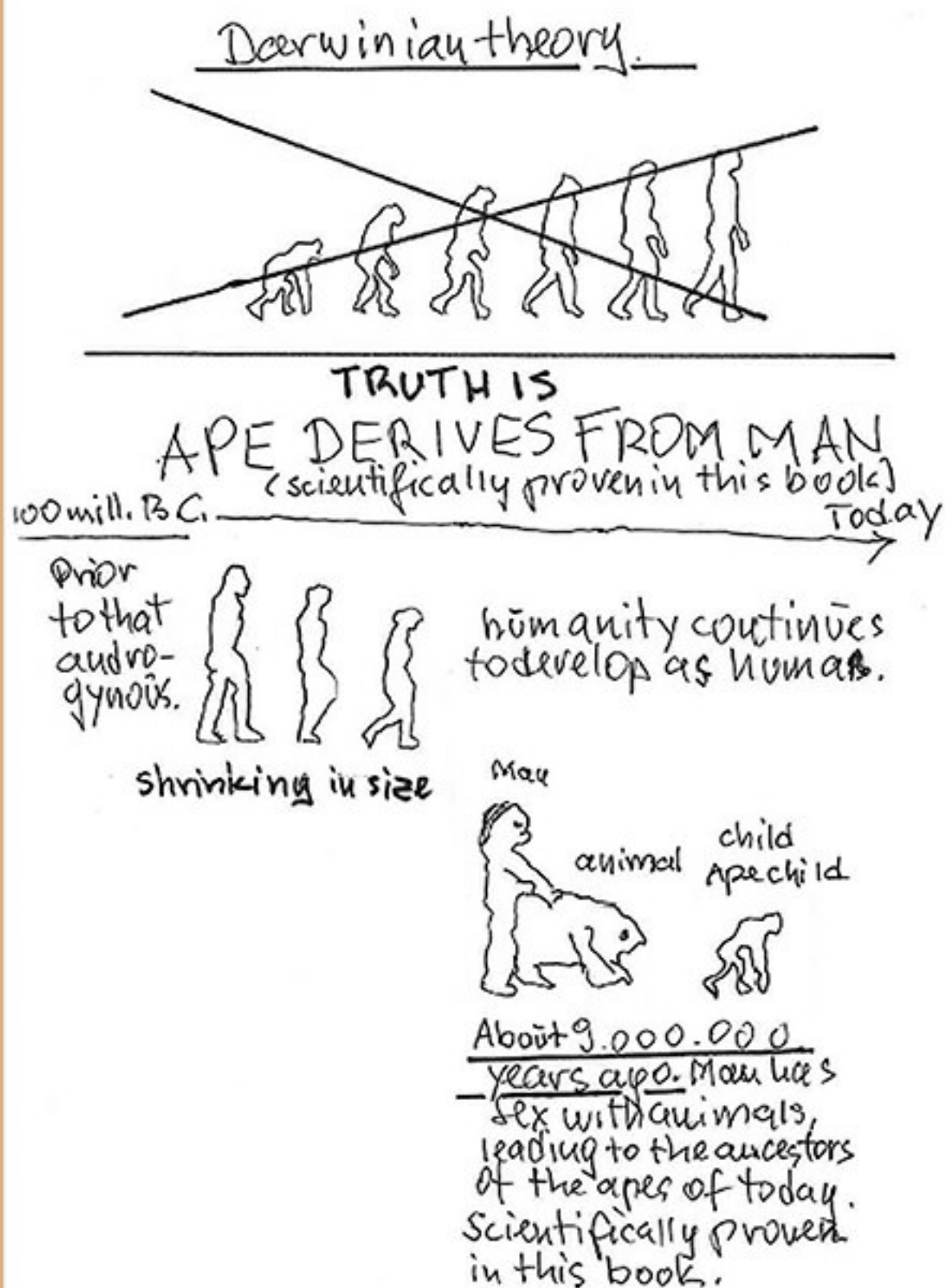
The most spiritual inside, the material-physical outside, although even spiritual plane is material. solve the riddle. OM. The archetypal universe is the blueprint for all other universes with their solar and planetary chains (explained later). you see here 7 elements of cosmos, although there are even ten and twelve. The seven horizontal, parallel lines denote! The monads\* work through the 7 elements of cosmos, going to school there, being consciousness but also vehicle. Being force but also matter, since force is matter, and matter is force. Look at the 3 higher planes. They are the habitat of gods and intelligences, inhabiting the triangle\* Divine sparks.



THE ARCHETYPAL UNIVERSE  
 revealed to pythagoras at initiation. Everything springs from the top of the triangle, being the divine source. This happens through a neutral center (laya) the NIRVANA of all manifested life, IF you detach from it. Look at the 4 lower planes, they are cosmic planes. At present that is all you can teach. Buddha went beyond it, OM. Our physical earth of now would refer to globe D of that chain, the other globes represent the, still to us invisible, globes 6 in number. All that is in detail explained in BOL. Do not think that each of the chain globes has its place in each one of the cosmic elements. All is merged in one. Even the archetypal can per se not be seen as archetypal. Strictly spoken, by archetype is meant the logic world, 4th cosmic plane counting downwards (globes A + G). The plane beneath represents the intellectual, also creative, world (globes B and F).

THE ARCHETYPAL UNIVERSE  
 After that you see astral-formative world (globes C + E). On the lowest plane from above is the physical world. Those are the "classrooms" for the Mounds or divine sparks to learn the true meaning of the words of Master Jesus!

DON'T  
 YE  
 KNOW  
 THAT YE  
 ARE  
 GODS!?



IV  
 OM  
 There are 3 realities, one created and timeless eternal.

- All beings (Mounds)
- The source NIRVANA
- Rootmatter

These 3 interact periodically, causing all life in the universe. What arises must pass away. There is no extra-cosmic creator. YOU are god. YOU are your own creator though aided by divine hierarchies. OM. But there is a highest principle, NIRVANA,



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beyond the world of appearances. We, EVERYTHING, derives from NIRVANA and returns to it. OM.

Period of cosmic manifestation:

311.040.000.000.000 years  
or 1 Maha-Maenventakeva.

Period of cosmic rest:

311.040.000.000.000 years  
or 1 Maha - Pralaya.

No beginning and no end of such periods of manifestation and rest.

There is no first "Big Bang", but only a reawakening of divine powers (Monads), driven by the desire to be.

Right now we are on the ascending arc, back to

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the divine source, leading to increase of radioactivity and etherialization of all lifeforms.  
- prior to physical evolution there was transparent, etheric evolution on earth, later condensing into the lifeforms of today, who are on their way back to etherialization and then disappearance.

- There is evolution and creation at the same time. Everything that evolves surrounds itself evolutionary with matter, aided by creative powers in manifestation, supplying with their own garments.

OM. Prior to evolution and creation there is EMANATION of all beings or Monads, falling into Matter.

- Order of development:

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Mineral, plant, animal, man, and and ... return to the divine source NIRVANA. OM.

All animals, including apes, derive from MAN.

As you sow you shall reap, life after life.

Salvation from the wheel of rebirth is only in NIRVANA,

OM

Glory to THE BOOK OF LIGHT

In order to understand the secret of humanity, one has to understand the true nature of our planet earth, on which we dwell. OM. This planet earth is, like every other planet or sun a living being. It was born, lives and will die, and it will reincarnate. Planet earth is the physical body of a spiritual being, a planetary angel.

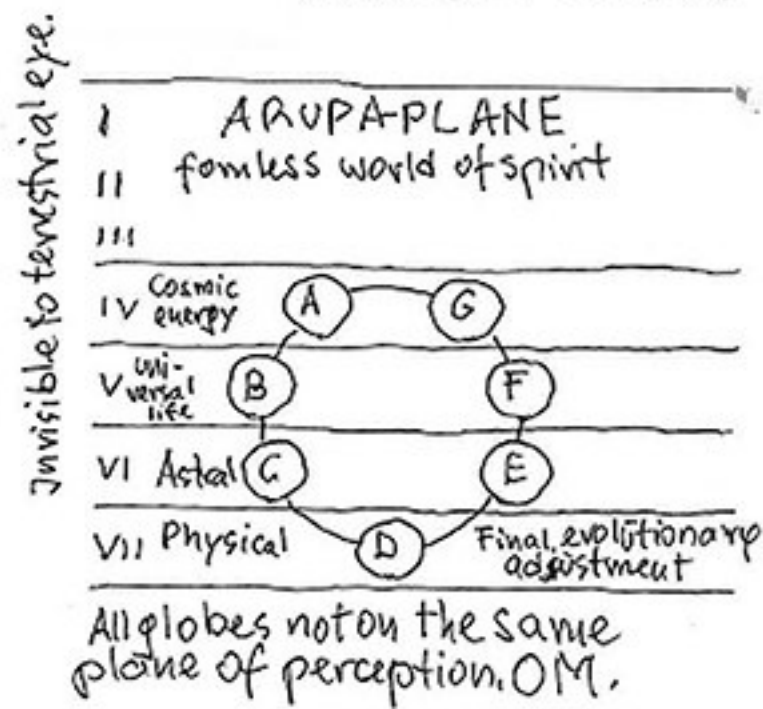
viii  
Planet earth is but a globe, among 7 globes, called a PLANETARY CHAIN. Almost each planet in the universe has such a chain or is part of such a chain. The different globes of the chain are but states of consciousness of a planetary angel. Earth is one globe among 7 globes, each of them 7 fold. Humans too have 7 bodies merged in one, from the most refined to the physical. Why don't we see the other 6 globes of the earth chain?

Because they are of too refined structure. Our present state of sense perception cannot perceive the other 6 globes or planes of consciousness. OM to our →



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## EARTH CHAIN



When, in about 2 billion years, we will have reached for the last time globe E, it shall be like on globe A, but with fully awakened spirituality. OM.

Everything evolves on 7 cosmic planes, from the Divine-Formless to the physical and back. In truth the globes merge into each other. Globe D represents our physical

x Earth. The counterlobes are of similar vibrational rates A-G, B-F, C-E. Globe D stands for itself on the 4th cosmic plane. Monadic life waves (god sparks) leave the source and descend on the 7 globes of the planetary chain. Monadic life waves are spiritual beings each on a different status of evolution, attempting now to unfold inner divine characteristics, hindered by the power of matter. It is a constant fight, spirit against matter. OM.

The nature kingdoms on earth are:

Three elemental, then mineral, plant, beast, human kingdom and higher to angelic spheres. OM.

- IMPORTANT: Be not deceived by the circular manner of placement of the chain globes.

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It is just symbolic. In truth the globes are merged in one. But the monadic life wave of divine beings passes through the seven globes. It starts with globe A and circles down to B, C and D. It is a fall into matter, spiritual purity becoming dimmer and dimmer. The monadic reflection forgets its divine heritage until it reaches globe D, the pivotal point of our earth chain. Here the Monad has to generate spiritual force, in order to continue the evolutionary journey higher and higher through the globes E, F and G.

When that happens, the life wave has reached cosmic plane I (see diagram), whence it started. What then is the purpose and difference? On globe A, at the begin of the journey, the monads were almost untaunted, and of high spirituality & innocent

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and pure like a child. But when the Monad has reached the end of the round on globe G of the chain, that is a different thing. It has now attained purity plus wisdom and strength. THE BOOK OF LIGHT can facilitate that process of struggle with material world. 7 x 7 times does the human life wave pass around the earth chain. At completion of the 7 rounds (length 4.320.000.000 years) there is a "Sabbath", a day of rest, being a prelude of 4.320.000 years. OM. Then the earth chain disappears, decomposes into cosmic dust, and a new chain will be born, of which this earth will be the moon. OM. (See also poster). Right now we as humans have completed 3 circlings on the planetary \*period of cosmic rest.



<sup>xiii</sup>  
chain, being now in the 4th round  
and on globe D. THE BOOK OF LIGHT  
will be a guide, pointing to the  
direction in which we should move.  
THE BOOK OF LIGHT will be a guide,  
pointing to the direction, in which  
we should move. THE BOOK OF LIGHT  
will be a guide, pointing to the direction  
in which we should move. DM.  
(Repetition is the best teacher...)

THE BOOK OF LIGHT shall help us to  
DETACH from matter, being then  
no longer necessary to attain full  
spirituality. It helps us to no longer  
yearn for sense pleasures of lower  
earthly life, and thus we can move  
toward our divine destiny. DM.  
But where did life on earth come  
from? From the MOON and its  
chain, when the moon was still  
a living planet, now being a  
planetary corpse, but at the same  
time mother of earth. Solve the  
riddle... when on the moon we inhaled  
fire and exhaled cold. DM.

<sup>xv</sup>  
not dead, since its decayin<sup>g</sup> ener-  
gy influences our planet powerfully,  
by sending earthwards drops of  
vital energy or rather energies. The  
moon can be called an astral corpse.  
Scientist of today don't know that,  
so they are still puzzled by phenome-  
na, caused by the moon (tides, hu-  
man conception and gestation, cycles  
of many diseases, coinciding with  
phases of the moon, growth of  
plants, etc. etc.) Earth thus is  
the offspring of its mother, the  
moon, and the moon follows  
earth for still quite a while,  
having Karma with it. That  
will last until the 7th round  
of earth and its chain. Then  
the moon will have been utterly  
dissolved, and earth will have  
assimilated all moon energies,  
transmitting them into regene-

<sup>xiv</sup>  
About 6 billion years ago, when the  
Monads had passed 7 times around  
the moon chain, that chain died.  
The globes disappeared and  
after a period of inactivity the  
remaining energies vivified new  
centers in laya (center of cosmic  
differentiation). They became  
the 7 globes of our earth chain,  
around which the monads from  
the moon chain circulated and  
unfolded their divine energies.  
Therefore the moon is of course  
older than planet earth, and not  
younger, as science thinks.  
Furthermore: The new chain inclu-  
ding its beings will be more refined  
than the old one.  
All that is caused by the urge of  
the Monads to express the inner-  
most of their essence. DM.  
Our Moon\* of now is dead, but also  
\* On the Moon we had no blood. All powers now  
working in our blood, were actually outside of us.

<sup>xvi</sup>  
rative forces. Thus a moon is  
always the mother of the planet  
it surrounds. Where are the moons  
of Mercury and Venus?  
Mercury and Venus are much  
older than planet earth,  
therefore their moons have  
already disappeared.  
THE BOOK OF LIGHT describes  
in detail how the 7 life waves  
proceed through the rounds  
of moon and then earth etc.  
Here is a short outline:  
The monadic lifewaves had to  
seek a milieu in which to grow  
and live. In order to do so, they had  
to fashion bodies and build the  
globes of the chain itself. It is  
like, when people first build a  
house and THEN live in it.  
Now think that those people



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were naked. They would have first to clothe themselves and then to build the house or houses to live in. In the same way the Monads or divine godsparks surrounded themselves with, first very refined, etheric bodies, aided by divine powers, and then started to build the chain. Each class of Monads contributed in building the earth chain, so the Monads could walk the path, meaning the sevenfold planetary circling on it. But it is not a merely mechanical arrangement. In the "beginning" the Monads, destined to become humanity on earth-chain, had to recapitulate the experience on the moon and had to run through all lower forms first. It can be compared to the embryonical recapitulation during pregnancy in utero. Thus rules nature

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wisely. On the new chain always old lessons have to be learned or rather to be recapitulated and thus past knowledge be woven into the fabric of present consciousness, assisting and being assisted by higher divine hierarchies. OM. Who were those hierarchies assisting us in becoming human on earth? Where did they come from? When the Moonlife ended, its inhabitants were of different evolution, which also is the cause of different humanity of today. The most evolved became the leaders. Many of them fell and turned into the perverted, corrupt politicians, bankers and priests of today. KARMA will take care of it. The evolved humanity on the moon chain arrived first on globe A of the earth chain,

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leading evolution during  $3\frac{1}{2}$  rounds on earth. OM. They oversaw the building of forms by those who had completed their sojourn in the beast kingdom on the moon chain, now seeing to enter the human kingdom on earth. OM. They had to relearn their lesson in the already mentioned way, by passing through the elemental kingdoms, the mineral, plant, and beast kingdoms, leading to instinct knowledge of the lower forms. OM. In the 4th round on earth they were ready, reaching globe D to complete the building of the human vehicle. But they found their capacities limited. They were able to furnish the Monads with astral bodies, containing passionate energy, but nothing else. They had earned this

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legacy on the moon chain. The growth for the human race came to almost a dead stop, but higher spiritual beings came to help. They too were beings of the moon chain but of higher consciousness. They completed humanity by lighting in it the fire of mind. Now mankind was able to bridge the gap, existing between the lower vehicles and the divine monadic spark, thus helping the Monad to overcome the pull of matter. OM. That awakening of mind by the manasa pūtras is described in detail in THE BOOK OF LIGHT. But see how often mankind has abused and prostituted its divine powers and gifts. We became slaves of the body, limiting ourselves to eating, drinking, personally loving, hating, suffering, sinning, struggling to supply the needs of



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the body, being slaves of our senses. Instead of working toward the Mound, most people concentrate on their lower nature, which led to the insane world of today.

All that is a strengthening of the Moon-nature in us. But with the aid of higher beings within and above us and with the Mantra OM MANI PADME HUM, we can be refined strengthened, purified and FINALLY to the God in us, thus becoming the perfected mankind of earth in the 7th round. OM.

Evolution of the human races on earth.

As already mentioned, BOL teaches: Earth emanated from the Moon and its chain billions of years ago. The Moon emanated from chains prior to it, and so forth until over 150 trillion years ago, when the entire universe and its

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planetary chains were awakened out of NIRVANA. OM.

Let us take in this summary a giant step to when Earth emanated from the Moon chain C about 2 billion years ago and was in evolutionary development.

ON EARTH, about 320 million years ago, end of Precambrian era. Intense geological upheavals. Begin of the 4th round.

THE FIRST HUMAN RACE structure of Earth (Globe D): Much softer than now.

Structure of 1st race: Ethereal- astral beings, appearing about 150 Million years ago, during mid-paleozoic times. That was the moment, when Mounds or divine sparks descended from globe C of earth chain, being dormant seeds of life, while

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most Mounds move to the next globe. OM.

These shishyas awakened to a new cycle of activity and provide the initial vehicles for the incoming Mounds when the life-wave returns to the same globe in the next round. OM.

- 1st Surface of the First Root-race = 7 groups. 7 embryonic astral humanities. They evolved on 7 different zones around what is now Northpole of Earth.

Thus BOL teaches modified polygenesis, meaning simultaneous evolution. Seven human groups live and develop on 7 different parts of globe D, our Earth.

The forms around the Mounds were given by divine beings of different classes of perfection.

The difference in potentialities and mental capabilities, including

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the different forms, some superior, some inferior, are given to the Mounds according to Karma at birth, leading to the difference of races of today.

Earth and the astral protoplasmic human beings condensed more and more...

The beings had huge, over 60 feet high, translucent bodies, ovoid in form. No bones, no organs, no hair, no skin. They were sexless and propagated by fission.

When the time was right, a portion of the body separated from the parental structure, in about the same way, the cells of our body divide today. The difference is just, that the begin of our body of today is marked as tiny cell or egg. That gelatinous protoplasm hardens slowly and grows into human form. This happened more ethereal with the first race



XX on our planet about 130 Million to 150 Million years ago during the Silurian or Devonian period, but also in the Carboniferous period, since the races and their life cycles overlap. OM.

Of course there was also super ethereal life on earth about 2 billion years ago. That and more is taught in detail in THE BOOK OF LIGHT.

The 1st ROOT RACE, the Hyperboreans.

They lived during the Carboniferous and Permian, and ended in the late Triassic, early Jurassic of the Mesozoic era, approximately 25 to 30 Million years ago. Those beings were semi-astral, and became with each passing age more and more dense and opaque and then gelatinous and filamentoid in structure. As the Millions of

XXI years passed on, the beings became denser and denser, similar like water can freeze to ice. That led to the rudimentary beginnings of bones and organs, hair and skin. But they still were OVOID. They were still asexual, reproducing by gemmation or budding, being a repetition of the method of first root race. OM. A swelling appeared on the ovoid body, grew and after growth eventually broke, freeing the bud, which grew, becoming an individual ovoid like its parent. OM. As time passed on, the buds increased in number, becoming spores, seeds and leaving at certain seasons the parent body, as it happens with the spores and seeds of plants of today. Many perished, many grew, into beings of today (with body structure of their parents. OM.

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Having no self-conscious minds, the first 2 races were part of the ovpauism. That led to the root of later reproductive organs\*. Period of incubation: several years. And because all animals derive from humans, we find still today the egg-laying in birds and certain reptiles, and even humans of today still reproduce essentially eggwise in the same way. Solve the riddle.

If you take a microscopic look and definition of the human germ cell, it is... AN EGG, as it was with the 3rd race, though then much larger. OM.

Back to humanity or to the humans of today. The egg is today incubated in the female womb, protected by a wall of solid flesh and bone, and NOT, like many

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millions of years ago, outside the body. The density of human structure of today requires such a method, the egg being INSIDE the body. OM. The difference is, that the new born baby of today is not as independent as the infant of the 3rd race. The early races (1st, 2nd and 3rd) nourished themselves by Osmosis, similar to a process as our lungs "eat" the air. Death, like today did then not exist, but change of form did exist, being though not as painful as today. One generation merged into the next, as it shall be again in many million years from now. The 2nd race ended by sleep, faded out, which was the beginning of dense physical death, leading to the 3rd root-race. Their bodies



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one solidified until death meant exhaustion of vital energy. SKANDHAS or permanent atoms were stored within the essence of the astral body, survived and caused the next manifestation, by new reflection of the Monad. OM. That was the beginning of the 3rd root race, the so called Lemurian\* race, during Triassic, Jurassic and Cretaceous of the Mesozoic age (of reptiles) up to the middle of the 3rd root-race, about 18,5 Million years ago, near Jurassic and Cretaceous Boundary. Then androgynous mankind separated into sexes, and their minds (Manas) awakened. OM.

BOL teaches:

\* Name given bec. of Lemnidae; Halfapes in Africa, India and Madagascar. From "Lemura" roman for dead spirits.

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The vestiges (not the Monads) of the Lemnians were partly given by astral beings from alpha Centauri, Sirius and other planets. Different opinion about how to deal with other civilizations, led to thermo nuclear wars with the later Atlanteans.

Lemnians = Leave those other cultures alone!

Atlanteans = No, these less evolved civilizations must be brought under sway! They must be controlled!

We experience today the Karma (national Karma) of those archaic confrontations. May THE BOOK OF LIGHT end this cosmic confusion. OM. So don't confuse Lemuria with Atlantis, they are as different as Europe and America.

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During evolution of the 1st and 2nd races Atma Buddhi was aktiv. But it was a passive spiritual property. It needed the 3rd root-race in order to lead mankind to conscious divinity. It was INITIATION, which required more temptation. Manas or mind had to succumb to temptation or IKAMA, in order to then detach from it, by overcoming the desire for physical attachment. OM.

The Lemurian continent of the 3rd root race was a large island, located in Pacific Ocean, now under the waves of it. Some remnants though remained, like Easter Island, whose statues are witnesses of the original size of those who once inhabited those Islands.

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Lemuria sunk 700.000 years prior to Atlantis, during early part of Eocene age. Lemurian relics are the Australian Aborigines.

BOL teaches: Some of the most primitive races of today (Aborigines, Bushmen, Eskimaux, Vedhas) are branches of the 3rd root-race. Why and how? Because the races overlap. OM. But do not underestimate the 3rd root-race! In their prime the 3rd developed civilizations higher than Greek roman and Egyptian civilization. The middle period of the 3rd root-race was the end of hermaphroditism, and the beginning of individual, born with predominant characteristics of one or the other sex, which



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to the present method of sexual reproduction, karmically never meant for the human kingdom, and only happening under protest of nature. OM. Embryonic recapitulation confirms that. The growing embryo in utero recapitulates or repeats the early stages of human evolution. And as distinct sexes appeared in the 3rd root-race, in the same way the distinction of sex does not appear until 3rd month of embryonic growth.

Lemurians had only one eye at the top of the head. That eye enabled physical AND spiritual sight. But as the bodies hardened more and more, and also due to the separation of the sexes the one eye lost its power and it petrified. Painful duality kicked it. The one eye disappeared

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highest sense. The sufficient development of the physical forms led to awakening of humanity's self-conscious minds and to expression of latent mental powers, caused by the incarnation of the manasa putras or sons of mind. They are now our higher selves, or rather our higher human or manasa-putric Monads, passing through the human stage in a previous evolutionary cycle. That led to self-conscious intelligence as well as to the power of choice and free will. Humans fell more and more into matter and material thinking which led to a struggle between the animal nature and divine nature in man. OM.

During the 5th subrace of the 3rd root race in the later Mesozoic era about 18.5 Million years ago, began the awakening

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completely during the middle of the 3rd atlantean subrace, leaving until today a pea sized organ in the brain, situated beneath posterior part of the corpus callosum.

BOL teaches: All species were originally hermaphrodite and one-eyed. An outgrowth of the pineal gland, forming an eye like structure (pineal gland) at the top of the head can be observed with certain cold-blooded vertebrates. In most humans the 3rd eye can not function properly due to the 2 eyes that supersede it. BOL teaches: In most humans the 3rd eye can not function now, but in a distant future the pineal gland will function again, being the organ of our seventh and

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of mind in the karmically ready stocks. And yet manas or mind will be fully awakened not before the end of the 5th round (now we are in the 4th on earth. Glory to the 7th round, because then our lower human Monads will have transformed into higher human Monads, ready to enter the lowest of the 3 Dhyana-chohanik kingdoms, IF we run the race successfully. And then? It will be our duty to be the Manasa putras for human Monads in the next Manvantara, as we are Manasa putras of the animals right now. OM. These human Monads are currently animal Monads. But according to monadic karma there was an appearance of self-conscious human beings even in the first, second and early third root race. Prior to manasa-putric descent in the middle



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of the 3rd race, something happened under the influence of "the silent watcher." The self-conscious forerunners of the human race formed a focus of light, spiritually and intellectually.

So the 3rd root race was black and lived in a land named Shal mali and later Lemuria. Location: Large part of what is now the Indian Ocean, including Australia and extending into the South Pacific Ocean. Last remnants: New Guinea and the island of Madagascar. Human religion rose from soul-condition of the first women of the 3rd root race. WOMEN arranged communal life in the 3rd root race by psychic powers. "Good and evil" was notioned then, NOT BEFORE. The leaders and also Chohans, arranged the ennobling of will-power and superabundant energy of men, purified by the spiritual energy of women. Priests chanting

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was highest energy, "feeding" the Monad. The bodies of the 3rd were still plastic and flexible. Climate was hot, volcanic activity everywhere. Skin of earth was thin. Solidification ensued, including stony, mineral and metallic formations of earth. The predominance of the woman-soul decreased...

Oh Lanoo, right now (2017) we are in the 5th root race on this globe D in the 4th round, stemming from the seed-race of the middle 4th root-race. Therefore: ROOT-RACE means a main serial division of human life-wave on ANY globe of a planetary chain. Example: Root-races on present globe D of earth chain include: 3rd root-race or Lemurian race, 4th or Atlantean race,

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and the present 5th race. OM. Each life wave after having completed cycle of 7 root-races, transfers energy to the next globe, etc., all that explained in detail in this book.

In order to make clear, that races as defined here have nothing to do with racism, the following statement must be made:

Race concept is only fully applicable to ATLANTIAN race. Then human races or beings were grouped as to external bodily characteristics, in an even greater extent than today. But from now on SPIRITUALIZATION of forms ensued, so the bodily characteristic become more and more a relic. We are GODS in the making.

BOL teaches SPIRITUAL evolution from now on. Yet BOL uses the term "races" also for the future spiritual evolution, but limited by

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the above written. Behold, oh Lanoo. Our bodies were given to us by different astral hierarchies. From the highest wirvanic point of view we were SOILED by them. Solve the riddle. OM.

Back to the 3rd root race. THE EAR developed there together with the other organs. The ear is one of the oldest organs in humans. But THEN, during the 3rd, the ear was much more developed than today. The ear of today is a sad remnant of the ear of the 3rd. Man was spiritually formed by sound, coming from the hierarchies. As ages pass from now on the LARYNX shall develop to perfection, so the WE can speak the forms of those below us...

As the physical organs then more and more deteriorate, the SPIRITUAL organs lead us higher to the divine



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source. OM.

On the MOON ear and larynx developed into separated organs. Therefore: The ear is our oldest organ and the larynx the youngest. The larynx shall become our reproductive organ, meaning we will create by SOUND. During the 3rd root-race originated brotherhood of Adepts since today. OM. By the grace of the adepts and the Maha-chohan, THE BOOK OF LIGHT was given to us. Cities were built during the 3rd, arts and sciences cultivated, and seeds of civilizations sowed under the guidance of divine instructors. About 8 million years ago, towards the end of the cretaceous period, most of Lemuria sunk, where now is the Pacific Ocean, leading to

THE FOURTH ROOT RACE.  
OR THE FORTH ATLANTEAN RACE

The bodies of that race were much coarser

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than our bodies of today. BOL teaches that prior to dense evolution there an ethereal transparent evolution. The bottom of dense evolution was reached about 4,5 million years ago. THEN, or rather already 9 million years ago, radioactivity kicked in, leading to slow etherialization of the globe and its inhabitants. OM.

Dear scientists, radioactivity, if normally occurring, is a SPIRITUAL process! All matter sooner or later returns into radioactivity, also meaning that planet earth and its lifeforms develop towards spirituality. OM. Earth needs to destroy itself, in order to grow spiritually. OM.

Everything becomes more refined, which is, why we are well advised, not to act too much against spirituality... We are already on the ascending arc back to the divine source. OM. Some good and evil atlantean Karma<sup>still</sup> awaits us though. At the

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end of the 7th round we and earth shall reach an ethereal state of its beginning, though now spiritually more aware of it. In other words: A once sexless mankind shall be sexless again, then etherialized and then... NIRVANA. It seems almost unbelievable, but compared to those atlantean beings about 4,5 million years ago, we are now almost PURE spiritual beings.

That gives you an idea about the situation in Atlantis, before its sinking... Although there were of course also pure ones in Atlantis. OM.

Nevertheless the atlanteans were able to create the most brilliant civilizations, but most of them were unspiritual, filled with low instincts. Sorcery was practiced regularly. Black magicians ruled, although, as already mentioned, there were also pure ones. But the pure ones had to permit the evil Karma to be outlived, although they assisted towards spirituality wherever, whenever and however they could. Worship of dark and evil powers of nature, though, dominated, abusing innate psychic powers ego-

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tistically. Warnings of the pure and wise ones remained mostly unheard. SORCERY resulted in the submerging of the bulk of Atlantis, destroyed in Miocene age, unfortunately lingering on until today, practiced by the ILLUMINATION W.O. No OM to the powers of darkness!

Portions of Atlantis remained and sunk in 3 steps into the Pacific Ocean:

1. Large island of Rūta  
850.000 ago.
2. Smaller island of Dairya  
270.000 years ago
3. Small atlantic island of Poseidonis (size of Ireland) 11.500 years ago.

During the early races, plants, animals and humans were of titanic size from 15 to 10 feet.



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 gradually diminishing until to the size of today. OM.  
 Where are the fossils of the late 2nd and early 3rd races?  
 They, compared to the etheric 1st races, left fossils, that hardened later and were confused with fossils of coarser evolution.  
 All data of science are wrong, as well the theory that mammals on land returned to the ocean and became mammal fish, like for instance, whales. In other words: Abrupt Appearance of species in the Fossil Record does not support Darwinian Evolution.  
 Concerning the whale: The whale NEVER could have appeared this way. NEVER could a land animal have converted into a whale, as science claims. Here just a few reasons.

- emergence of a blowhole with musculature and nerve control
- Modification of the eye for perma-

xxxvi  
 nent underwater vision.

- Ability to drink seawater
- Fore limbs transformed into flippers.
- Modification of skeletal structure.
- Ability to nurse young underwater.
- Origin of tail flukes and musculature.
- Blubber for temperature insulation.

Via Darwinian mechanism all this would require longer periods of time, than Darwin proclaims.  
 Then where do fish come from?  
 BOL teaches: All mammals, also the whales, derive from MAN in this 4th round. The other animal stocks, especially lower orders, derive from man of the 3rd round.  
 Solve the riddle by studying BOL. Evolution and Involution are taught in BOL. Fish were always in first

xxxvii  
 etheric, then liquid-water. OM.  
 BOL teaches: The evolutionary urge has faded out, and involution takes place.  
 As to the fossils just that much: why, for instance, do exist such a great variability of types in AFRICA? BOL teaches: That is attributed to their prolonged isolation. Paleolithic men of the European quaternary epoch are the outcome of immigration - Africo-Atlantean and Atlantean stocks. Dear Basques listen well! you are of same type as the Cro-Magnon and the Guanches of the Canary Islands. And the African tribes are diverging offshoots of Atlanteans modified by climate and condition. OM.  
 All half-time data concerning fossils are wrong. In order to prove

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 that we have to understand the function of "half-time" or radiometric age-dating.  
 Many rocks and fossils etc. contain amounts of unstable isotopes and the daughter-isotopes into which they decay. By accurately measuring the amounts of parent and daughter isotopes, that ratio can be used to determine how old the rock or fossil is. WRONG.  
 Because: There are complicating factors. The rock, after having crystallized, undergoes later re-heating, leading to a resetting of the radioactive clock to almost 0. The answer to the question is easy if you follow BOL teaching. First of all remember, YOU are timeless eternal, your body is the divine work of Devas.  
 \* ALL bodies on earth.



XXXXIX  
Radioactivity, as thought by science did not occur on earth. BOL teaches: Evolution of earth is divided into descent and ascent. When descending (begin about 2 billion years ago)

... earth CONDENSED from etheric to dense material. The most dense point was about 9 million years ago, some occult teachings say about 4,5 million years ago.

THEN or from then on etherialization of Earth ensued. THEN and there was begin of radioactivity because radioactive decay is a sign of etherialization, becoming more and more dominant since we are on the way back to the Divine Source...

Coagulation of matter is THE OPPOSITE of radioactivity. So all radiometric dating is... false.

BOL teaches: Radiometric dating results in ages far too old.

XXXXX  
All data of science are therefore wrong, concerning the age of earth and all lifeforms including their fossils. BOL teaches: Look for fossils of gone cultures into the ocean floors, and into the mountains, because ocean floors were once above the waters and mountains were once valleys. All that they don't agree to, because then they would have to rewrite their school books. For instance: They found huge bones and skeletons of humans, declaring them to be of animals.

BOL teaches: The human being has seven, even ten and more senses, brought into full swing in each of the 7 root races, step by step.

1<sup>st</sup> root race - sense of hearing.\*

2<sup>nd</sup> root race - sense of touch.

\*which is why the ear is the oldest organ.

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3<sup>rd</sup> root race - sense of sight  
4<sup>th</sup> root race - sense of taste  
5<sup>th</sup> root race - sense of smell  
And because the sense of hearing was developed much earlier in evolution, we hear 11 octaves of sound, but can only see one octave of light. OM.

Hunches and intuition are forerunners of the 6<sup>th</sup> and 7<sup>th</sup> sense. There was no need for speech in the 1<sup>st</sup> race, since they were ethernally connected, being like in a blissful dream, communicating mentally, although mental power was yet little developed. But as the bodies hardened more in the 2<sup>nd</sup> race, chant-sound like language appeared, called in BOL onomatopoeic, with vowels, who signalized danger and pleasure etc.

Noises turned to language in the 3<sup>rd</sup> race, leading to monosyllabic speech. In the 4<sup>th</sup> race developed

XXXXXII  
apollinative language. The 5<sup>th</sup> developed inflectional languages. About 10-12 million years ago the origination of the 4<sup>th</sup> Atlantean race occurred.

This happened in the later cretaceous, reaching its peak in the Eocene of the Tertiary, later destroyed in the Miocene. Some 4,5 million years ago the midpoint of the 4<sup>th</sup> round was reached (middle of the 4<sup>th</sup> sub race of the 4<sup>th</sup> root race.)

Long before America was occupied by the Spaniards there were sub races from Peru and Mexico, now almost destroyed, as it shall happen with us\* when our time has come. The Monads need new vehicles. Behold, the aborigines of the Chinese of today belonged to the highest and last branch of the 4<sup>th</sup> race, reaching their highest civilization at appearance of the fifth race in Asia.  
\* rather without matter.



xxxiii OM. Oh Lawo, ATLANTIS is the origin of all evil in the world, and we have to outlive it while America was formed or forming, the Atlantic continent sunk gradually, leaving behind islands like Poseidonis, mentioned by Plato

in his writings. And as Atlantis sunk then, our continents shall sink too, being actually right now in the process of sinking.

By the mercy of the great Chohan I must switch for a moment to the topic "breathing." Plants normally breathe like humans. They inhale oxygen and exhale carbon dioxide, although science teaches vice versa.

BOL teaches: Both happens.

1. Plants inhale oxygen and exhale carbon dioxide
2. Plants inhale carbon dioxide and exhale oxygen.

To 2 During daytime plants require light, for producing sugars and carbohydrates AND oxygen.

xxxxiv To 1. Plants can't produce sugars and carbohydrates at night, where they have to survive without light. Then they inhale oxygen.

So there is photosynthesis during day, and its opposite during night. OM.

Back to Atlantis.

When Atlantis and other continents were sinking, the alps were rising. You look for evidence of pre-archaic cultures? Dip into the alps! So Earth was breathing! A fight arose between the adepts of the white side and the dark side. Sorcerers took control over humanity. That process repeats itself karmically today. Then it led to the final sinking of the last islands of Atlantis in 9564 B.C.

xxxxv But the sons of the Fire Mist, the inhabitants of Shambhalla, had won that fight over the selfish magicians of Poseidonis. They, the magicians, were, though not entirely evil. Solve the riddle.

We have reached in our summary the 5th Aryan root race, also known as the Indo-European humanity, under guidance of Divine instructors. BOL teaches, that currently the European stock of races, highly physical intellectual, evolved, but is nevertheless in its own Kali yuga, age of darkness, unfortunately lasting another 427,000 years, although altogether we are on the rising arc towards NIRVANA.

For another 6-8000 years the European stocks will rise, followed by a rapid descent, leading to a great European catastrophe of nature in about 16,000 years. The British

xxxxvi isles will submerge together with most of France.

Holland, part of Spain and much of Italy shall submerge too. All that will be preceded by preliminary signs (major earthquakes and slow subsidence of the coast). In the same way oversows seeds of plants, who later grow, the seeds of the 6th root race are already being sown, mainly in America, and when the Kali yuga ends, the 6th root race shall be numerous, and much more refined than the races of now. OM. It shall then be the end of sexual reproduction.

BOL teaches: Sexual reproduction was never meant to be for the human kingdom. In a not so far away future human race shall use *Manashakti* (will power) and imagination and SOUND.

All that passively in the 6th and almost translucent in the 7th.



XXXXVII  
Humans then shall be smaller in size, but stronger in intellect and spirit.

Who built the globes of earth during the 1st round, billions of years ago? The classes of Monads under Chohan guidance. Then the nature kingdoms were not as separated as they are now. They were largely undifferentiated. BOL teaches that everything on earth (mineral, vegetable, and animal kingdoms) are off throwings of primeval humanity. And we humans are offsprings of the Monads in us, though our bodies were given to us by divine hierarchies. OM.  
What religions claim of their god, as having not been created, that BOL claims of EVERYTHING. Everything is uncreated, timeless eternal, but interacting periodically. OM.

XXXXIX  
Animal separated into sexes about 25 million year ago, humans about 18 million years ago. There were, as already mentioned, not only mindless entities on early earth, but also organized intelligence deriving from a few thinking human beings, and of course Dhyan Chohans of the Chohan Kingdom. OM.  
Manas or mind will be developed fully in the 5th round, intuitive wisdom in the 6th round, and in the 7th round the inner divinity will be fully awakened. OM.

If all goes well, we will be Buddhas at the end of the 6th round, because according to BOL Buddha was a 6th rounder in the 4th. Solve the riddle. At the end of the 7th round we shall be Dhyan-Chohans. Then we

XXXXVIII  
Separation of the mineral kingdom happened in the first round. In the 2nd and 3rd round first appearance of plants and submicroorganisms on land and in water. So fish, excursions of early man, were ALWAYS in water until now, including whales.\*  
But an additional booster was given at the end of the 3rd round when protoplasmic sexless man shed off substance, which developed into the ancestors of the mammals in water and on earth. OM. All animals derive from man, including the apes (man had sex with animals about 9,000,000 years ago, and earlier and later).

\* Darwin was wrong, concerning whales. As earth condensed more and more, prehistoric whales were not gentle giants, but fearsome flesh-eating predators with super sharp teeth. Toothless filter feeding came later.

L1  
or manasaputric, embodying in the lowest of Dhyan Chohan Kingdoms on the next earth. OM.  
The evolutionary journey, regarding our earth chain, from our self-conscious godsparks to self-conscious gods will then have been completed. Then we continue as Monads a similar evolution on other planetary chains, in other solar systems and galaxies, unless we decide to stop that same journey by attaining

## NIRVANA

As to complexion of skin, BOL teaches: The 4th Atlantean race was of red-yellow complexion, fading into brown-white. The 5th race will be white-brown. Whites will gradually become darker, and dark ones will become whiter or lighter. Then there will be a race



LII  
where the beings will be born adult, re-  
maining young and dis young and  
painless and reincarnate painless.

OM.

The ages have been decreasing in  
excellence and shall rise in excellence,  
physically and morally.

The British islands, France and  
other lands of the 5th race shall  
sink and then reappear at the end  
of the 6th race root race. OM.

6th and 7th race man shall live  
up to some hundred years per  
body.

in the next page I present

## THE MONAD

LIV  
Did you see the Monad? Well you  
can't see it, because it is a point  
without extension. "Monad"  
is, besides NIRVANA the most  
occult term in the entire universe.  
The Monad is what you "are". Beyond  
definition, when in NIRVANA; one  
and three, when in manifestation,  
touching root matter. The Monad  
is then also a TRIAD Atma-Buddhi-  
Manas, terms that shall appear  
and be explained many times in  
THE BOOK OF LIGHT. The Monad  
is also, when in manifestation  
a dual, the timeless eternal  
part in you, as well as in every  
atom of matter. Scientists stole the  
term Monad or its Greek transla-  
tion ONE, being un-divisible  
or ATOMOS. But they applied  
that to the transient \*husk instead  
of to the core. solve the riddle.  
\*shell.

LV  
Theosophists define the Monad as  
"One" in NIRVANA. That is not true.  
BOL teaches, that the Monad can  
not be defined in NIRVANA, since  
the source of all is BEYOND OUR  
world of appearances, and no term  
fits to it. In order to attain NIRVANA  
the Monad must have attained  
THE ABOLITION OF PERCEPTION  
AND SENSATION in this world,  
meaning, that one has to com-  
pletely overcome attachment  
to hell, earth and heaven.

Since the Monad, once in manifestation,  
is too spiritual, it remains on the  
2nd cosmic plane, never leaving  
it for 311.040.000.000.000 years,  
manifesting from there through re-  
flection.

Here is highest wisdom: NOTHING  
ever left the divine source.

How then appear the endless many  
lifeforms?

The answer: Everything (all Monads)

always remains in NIRVANA "leaving"  
it only by reflection. OM.  
Glory to THE BOOK OF LIGHT.

