

-3058-

although it is DWELLING constantly in us, waiting to be awakened or to ENLIGHTEN us. EVERYTHING starts from THE SEVENTH or LOWEST up to THE HIGHEST. YOUR Chakras for instance. THE LIGHT of your HIGHER SELF is hovering constantly above your HEAD, or CROWN CHAKRA, but if that CHAKRA is not opened yet, you won't feel nor SEE THE LIGHT. The power opening THAT CHAKRA is KUNDALINI, more precise: TRANSFORMED KUNDALINI! But KUNDALINI starts in THE LOWEST CHAKRA and climbs up, step by step, through ALL CHAKRAS until it reaches and OPENS, the HIGHEST or CROWN-CHAKRA, which causes ENLIGHTENMENT. KUNDALINI is a TREMENDOUS POWER, not to compare with ANYTHING known on earth, which even includes THE POWER OF A HYDROGEN BOMB. I say that for two reasons. I: I would like to warn all those who decide, from one minute to the other, to change their life drastically and become "holier than the pope". KUNDALINI power in a huge amount shall flow through them, caused for instance, by a sudden celibacy, a sudden URGE for even MORE sex could awake in them and cause feelings of guilt, ESPECIALLY when they YIELD to the desire. It is true

* though for sure there is nothing holy in the pope holier than his HIGHER SELF!
 * AND waiting from WITHIN...

-3059-

the end of all desire guarantees NIRVANA, but EXACTLY the DESIRE to OVERCOME DESIRE or to ATTAIN NIRVANA makes it IMPOSSIBLE to reach NIRVANA. What I am saying is, you do not have to make it all in ONE LIFE, other wise there would be NO REINCARNATION needed. Those who did it, and reached perfection in ONE LIFE, are mostly those, who had many lives of EXTREME experiences before and are now READY for the FINAL TASK, or to cross THE SEVENTH BRIDGE. ANY extreme effort in ANY direction, be it POSITIVE or NEGATIVE can be of danger, simply because the vehicles [physical, astral, mental] are not fit for it. Again: you have many incarnations time to allow KUNDALINI to rise in you, and at the end there shall be enlightenment for ALL of us. So, what is the SAFEST way to allow KUNDALINI to rise through many incarnations? It is THE MIDDLE PATH. By walking THE MIDDLE PATH you can cross all bridges easily, and you can be sure, that they are safe enough to carry you, not crumbling at the first foot you set on them... It is THE MIDDLE PATH. If you HASTEN the ladder, there might be a few weak steps and you fall. If you cross the bridges, before having checked them, you might end worse than those, who take ONE STEP AT A TIME. It is time now to reflect which you did not know, or did not WANT to know.

-3060-

veal a secret to you: Many of the MASTERS of this round, including MOHYA, KOOT HOOM, etc. have been "FAILURES" in the chain before. THAT is why to us they are MASTERS NOW. It is like in school. Those who attend a class TWICE, are ALWAYS better, than those who attain that class for THE FIRST TIME. That does not take one inch away, that the MASTERS are physically, morally and intellectually PERFECT compared to us. Oh companions, the day is not so far, when we shall judge over THE ANGELS, because they did not go through what WE had to go through. Allow Kundalini to rise, by reading THE BOOK OF LIGHT and singing THE MANTRA, and don't be impatient, whenever you fail. You are just a crystallized spirit. Next time you shall do it better. NOBODY of us is made and meant to become perfect in ONE LIFE. Impossible. KARMA and REINCARNATION are your CLOSEST friends and HELPERS, although to some of you they might appear as enemies, but believe me, when I tell you, that EVERYTHING, that happens to us, and I do not care WHAT it is, happens for the BEST OF US. We all from stone to plant, animal, man AND GOD, which includes BRAHMAN, are heading toward ONE goal which is: ENLIGHTENMENT. Once we reached that goal, we have crossed THE SEVENTH of THE SEVEN BRIDGES.

* In all devotion I covered the MASTER MOHYA, if I am wrong, but compared to us they are PERFECT. AUM.
 I am aware of that daring remark. But: Still no objection out of AKASA.

-3061-

UNIVERSE is ONE GREAT POEM, created or better: REAWAKENED by the WORD. But the WORD was NOT a WORD, like even OM MANI PADME HUM, but the CAUSE, the ABSTRACT CAUSE of what LATER manifested itself in us as OM MANI PADME HUM. When we say OM MANI PADME HUM, we RECONNECT ourselves with THE ABSTRACT WORD, child of MAHAT or UNIVERSAL MIND, inherent in BRAHMAN. AUM. But the LAST riddle-PARABRAHMAN, shall never be solved. UNIVERSE IS ONE GREAT POEM, and out of this ONE POEM all other POEMS are born. Indeed, the last riddle cannot be solved, not even in a POEM, but a POEM comes closest to it, because it [combined with music] touches your very self, by diving deep into your subconscious. THAT part of the message of THE BOOK OF LIGHT, which could not be revealed by ANY formula or scientific explanation, shall now be revealed to the reader in POEMS and COMMENTARIES. AUM to PARABRAHMAN, CAUSELESS CAUSE and EVER TO BE UNKNOWN. IT IS or not even "IT" but simply is "BEGINNING" and "END" or better THE CAUSELESS CAUSE FOR BEGINNING AND END.
 It is - PARABRAHMAN or ...

-3062-

... PARABRAHM ...

Where we all come from, where we all be-
long
where our hearts are in peace forever.
Where the Sun does not shine, though there is
only light,
that is what they call, PARABRAHM
It is a place called NO-PLACE, where you
lose your MIND but not your HEART.

I AM I AND YOU ARE YOU
SPIRITS IN A WORLD OF DREAM
ENTANGLED BY ILLUSIONS
THAT WE CHOSE TO BE
DRIFTING TO THE SOURCE FROM
WHERE WE ONCE FELL APART
LONGING TO BE ONE WITH OUR
UNIVERSAL HEART
I AM I AND YOU ARE YOU
THAT'S HOW IT SEEMS TO BE
UNTIL WE WAKE UP FROM OUR
DREAM
TO REALITY...

-3063-

WHY?

See the million tears on earth have been cried
see the million children from hunger they die
see the rich man smile and the poor man starve
showing his fist to the god above
asking why, why, why?

BUT FOR EVERY TEAR THAT HAS BEEN CRIED
ON EARTH
THERE IS AN ANGEL IN HEAVEN WHO AL-
WAYS CARES
AND EACH FEELING OF LOVE THAT COMES
FROM THE SOUL
IN HEAVEN'S WORLD IT WILL SHINE AS GOLD

HE wants you to know that you are part of HIS
plan
and you feel the pain if you don't understand
But once you open your heart to HIS truth
Neverending glory is waiting for you
BECAUSE FOR EVERY TEAR THAT HAS BEEN CRIED
ON EARTH
THERE IS AN ANGEL IN HEAVEN THAT ALWAYS
CARES
AND EACH FEELING OF LOVE WHICH COMES FROM

-3064-

THE SOUL, IN HEAVEN'S WORLD IT WILL
SHINE AS GOLD
Life is just an illusion one day you will see
that there is only the reality OF LOVE
AND WHEREVER YOU ARE WHENEVER YOU
GO
HE SHALL NEVER EVER LEAVE YOU ALONE
AND IF YOU ARE FEELING DOWN AND
LOW
HE SHALL GIVE YOU THE POWER TO CARRY
ON
SO FOR EVERY TEAR THAT HAS BEEN CRIED
ON EARTH
THERE IS AN ANGEL IN HEAVEN WHO AL-
WAYS CARES
AND EACH FEELING OF LOVE WHICH COMES
FROM THE SOUL
IN HEAVEN'S WORLD IT WILL SHINE
AS GOLD.

-3065-

TAKE ME TO THE LIGHT

I was searching for love, didn't know where to go,
but in my heart I had a dream
feeling you must be there waiting somewhere
for me.

TAKE ME TO THE LIGHT, SHOW ME
THE WAY TO YOUR HEART
TAKE ME TO THE LIGHT
I HAVE BEEN WAITING SO LONG

I see visions of you, and I hear your voice
"Come to the LIGHT..."
But still you are so far away from me
and I want you to become REALITY,
set me free

TAKE ME TO THE LIGHT, SHOW ME
THE WAY TO YOUR HEART
TAKE ME TO THE LIGHT I HAVE BEEN
WAITING SO LONG

Why does the wind blow so cold?
Why am I feeling so alone,
and what will be my destiny?
TAKE ME TO THE LIGHT, SHOW ME
THE WAY TO YOUR HEART
TAKE ME TO THE LIGHT
I HAVE BEEN WAITING SO LONG!

-3066-

TAKE ME TO THE LIGHT

I want to spread a message to all people, who read this poem. I want to tell them, that there is a LIGHT. It is not an illusion, it is a REAL LIGHT, shining stronger, than the light of thousand suns. And you are part of this light, even if now you still might not know, or feel, or believe it. But it is THERE, always waiting for you to discover it. Because this light is your HIGHER SELF [your real self], and the "shadow" of this light is the illusion, is what you are now. You are only here to find this light, which is the REAL you, and to be one with it. How can you reach it? YOU shall find it. EVERYBODY shall find it, because we all are on the way to our light, to the light in us.

This is BRAHMAN'S plan for us, designed by "his" mind, which is MAHAT or UNIVERSAL MIND. I do not care, who you are or where you are. I do not care, if you are rich and powerful, or thrown to the dark side of life. You, who are living in poverty, alone, loved by nobody, in jail, in a hospital, or expecting death, you are NEARER to the light than most of those who have now the power, but are misusing it.

For all "losers" BRAHMAN has a special message: Material things, your body included, have no value, that is, why they are transient, that is why they die. They are MORTAL. But you are IMMORTAL, because you go to the light, which is the REAL you and which is IMMORTAL. If there is any sense in the fairytale about

-3067-

JESUS CHRIST, who never died on any cross, then it is an ALLEGORICAL one. Jesus thus symbolically "allowed" his enemies to crucify him. He crucified HIMSELF, on the MATERIAL SELF, to demonstrate to you, that this material self, or the physical [and the astral] body, is just a temporary ILLUSION, otherwise it would not die, otherwise it could NOT be destroyed. So now you understand, that your HIGHER SELF, the MONAD, or ATMA-BUDDHI is the real you, but without THE LINK, or 5th principle, from below which is MANAS, you can NEVER know it. The fact that I AM, can only be attained through MANAS. MANAS creates Auhkaraya, or the path UPWARD to ATMA BUDDHI, the MONAD, and thus makes you IMMORTAL in CONSCIOUSNESS.

Say every night before you go to bed: "TAKE ME TO THE LIGHT!" And ask for GENERAL GUIDANCE. What is the purpose of life? To become CONSCIOUS spirit again. AUM. In order to UNDERSTAND the illusory aspect of matter and the REALITY of spirit, we come back again and again and again. And EVERY time [incarnation] we LOSE, what we think, is worth possessing it, thus using more and more HIGHER MANAS, which is THE ONLY LINK to ATMA-BUDDHI or to the MONAD or to TRUE immortality, which is immortality in CONSCIOUSNESS. Some of you might ask: if BRAHMAN,

by using LOWER MANAS and downward into MĀYĀ [illusion] if you allow it.

-3068-

or the main flame, is so powerful, why doesn't HE just BRING or TAKE me to the light? I can tell you why. If HE would bring you there [in a second] HE would have just created a human robot, lacking all will power. Therefore HE wants you to find the way yourself, because HE wants your company by your OWN decision. And then you shall have HIGHEST CONSCIOUSNESS, and from THAT day on you are on the way back, back from what your body is, to what your soul is, and higher, back to THE LIGHT, to the source, where you came from. And there is no "nothing" that is waiting for you, but NEVERENDING Joy and happiness and IMMORTALITY or, in one word: LOVE. But love in its highest and purest form, that no human brain can imagine. So speak to the GOD [in you]. He is waiting. Say:

TAKE ME TO THE LIGHT.

-3069-

A FAIRYTALE

Once upon a time, long, long ago, everybody was happy, because he needed no body and NOTHING to be happy. Everybody just WAS happy, because happiness simply was his NATURE. Until... somebody had a strange thought. He thought: "It is true, I am happy, BUT could it be, that there is something, which would make me even MORE happy?" And he spoke to others about it. And they LISTENED to him. And while they listened to him, he thought by himself: This is not a bad feeling, having people listening to you. This feeling gives me a thrill. It is like a flash. It is DIFFERENT from just being "happy". It makes me feel POWERFUL. It's new! It's GREAT! I want MORE of it! I want MORE of this feeling!" And the first human shark was born. Today we call them LEADERS. But back to our story: There he was, thrilled by the feeling of power, and of the idea, that they would listen to him as long as he told them the right thing. Some of them asked: "Well, tell us, what is it, that would make us even happier, than we already are?" Now he was in trouble. He had to come up with an answer. If not, he would lose all his power and would be again just "one of them", they would stop listening. Be it POPES, or POLITICIANS

-3070-

to him and maybe ask somebody else! What could he possibly tell them? Go and try yourself. Try to have power over others, THAT is what gives you a thrill, which is even MORE than just feeling happy! Then they would go and build their own groups, and he would have lost the power over them. What was the answer? The group was waiting. And he was sweating. Now he was in real trouble, because some of them already left the group. He was about to lose his power!! And what THEN? Back to that boring happiness depending on nothing and nobody? How horrible! But WHAT A THRILL to have POWER! Then suddenly he had the IDEA OF HIS LIFE. He told them: "You are not yet ready to know, how to be happier, than you already are. You have to ACHIEVE this knowledge, you have first to DESERVE that happiness." They said: "Okay-tell us what is it, that we have to do!" And he thought by himself: "It is easier, than I thought, I just have to tell them to do something, to do ANYTHING!" And he told them: "Just look at you, I mean, you all look the same, you wear the same simple clothes. In order to be happier than you already are, you have to look different from each other, you must become a PERSONALITY." When they heard this they thought: "That's IT!" and they started wearing different clothes. And the leader thought by himself: "Hey, it works! It works! They follow me! I just have

-3071-

to keep them busy, and I will never ever lose my power again!" So he invented everyday new things, that they thought they would need in order to be happy. Cars, televisions, food etc. "What, you eat simple food? How boring! Maitre! Maitre! Please put more Sauce popolon de la vous-houla on my steak de la far far! And, waiter! The soup could have a tiny little bit more de la dujon mustard!" When the first few of them became ill with cancer, they went to the leader and he said: "Well, you need to go to a DOCTOR!" But there were no doctors, because until then nobody needed a doctor. And the leader gave order to build UNIVERSITIES where you could become a doctor. And the universities were called after the leader. And he became an even more decorated and honoured man, because he did even PAY for the university. Can you imagine THAT? He, the leader, paid for a UNIVERSITY, where they train doctors, so that these doctors could heal people, that he, the leader had made sick! Isn't that great? Isn't that wonderful! More and more people, disappointed that they did not experience happiness, but suffering, physical and mental suffering, wanted to go back to their simple life, and to become again, what they once were: SIMPLE PEOPLE, HAPPY PEOPLE, happy WITHOUT ANY REASON. Just... HAPPY. They TRIED
*sorry for the exaggeration.

-3072-

it, but most of them FAILED, because they had lost their innocence and the ability to be happy WITHOUT wanting anything. And the LEADER? Even HE felt disappointed. He had all the power, and yet he still was NOT really HAPPY. And he blamed it on THEM - on the people he was leading, because the power over them did not make him happy any longer. And he began HATING them. "Here I am" he said to himself. "I have all the power, everybody follows me, and it does not make me happy! I hate them for that! I want to get RID of them!" And he sent them to war... WHAT A STORY! Thank GOD it is just a FAIRYTALE. Imagine that would REALLY happen! You do not need ANYTHING, or ANYONE, to be happy or to make you happy. First learn that happiness lays in YOURSELF and nowhere else. And if you look inside yourself and find nothing else than hate and anxiety, then it is just, because you have not yet opened your heart to the true GLORY, which is IN you and which IS YOU! LET GO, OBEY, and become a servant of the TRUE SELF in you! AUM.

-3073-

THE GURU IN YOU

There is only ONE true leader, and that is THE LEADER IN YOU. Whatever leads you to THE LEADER, or GURU in you is the RIGHT LEADER, the right GURU. What leads you away from THE GURU IN YOU is the wrong leader. LOVE leads you to the LEADER IN YOU. Why? LOVE is BUDDHI, the vehicle of your HIGHEST SPIRIT. BUDDHI awakens BUDDHI. LOVE awakens LOVE. LOVE makes you IMMORTAL, because BUDDHI is the IMMORTAL PRINCIPLE in you. Who is the RIGHT GURU? Who is THE WRONG GURU? EVERYBODY is THE RIGHT GURU. How that? Let us say you meet a GURU, believe in him, and suddenly he escapes with all your money, to Switzerland. Was he the wrong GURU? No, he was the RIGHT GURU! Because now you are a "burned child" and will not touch fire again. If you do, you'll get burned a pain. And so forth, until you learn, until you understand. Thus you wander from GURU to GURU, until you find the RIGHT GURU, which, of course, is THE GURU IN YOU. What leads you to THE GURU IN YOU? KNOWLEDGE. Which knowledge? THE ESSENCE of all knowledge, because all knowledge is the RIGHT knowledge, like all RELIGIONS contain in them THE SPARK OF
*when introduced by LORD MATHEYA.

-3074-

TRUTH, which means that in their ESSENCE they all say THE SAME. And this ESSENCE, once known to ALL mankind is NOW fully revealed in THE BOOK OF LIGHT. AUM. THEREFORE: Follow THE MESSAGE, but not the MESSENGER, and you thus shall find THE GURU IN YOU. Once you find HIM or BETTER IT, every step you do shall be the RIGHT STEP, because once you find THE GURU IN YOU, you shall become IMMORTAL. And then: Higher Spheres of consciousness are waiting for you. So allow THE GURU IN YOU to awake

THE GURU IN YOU.

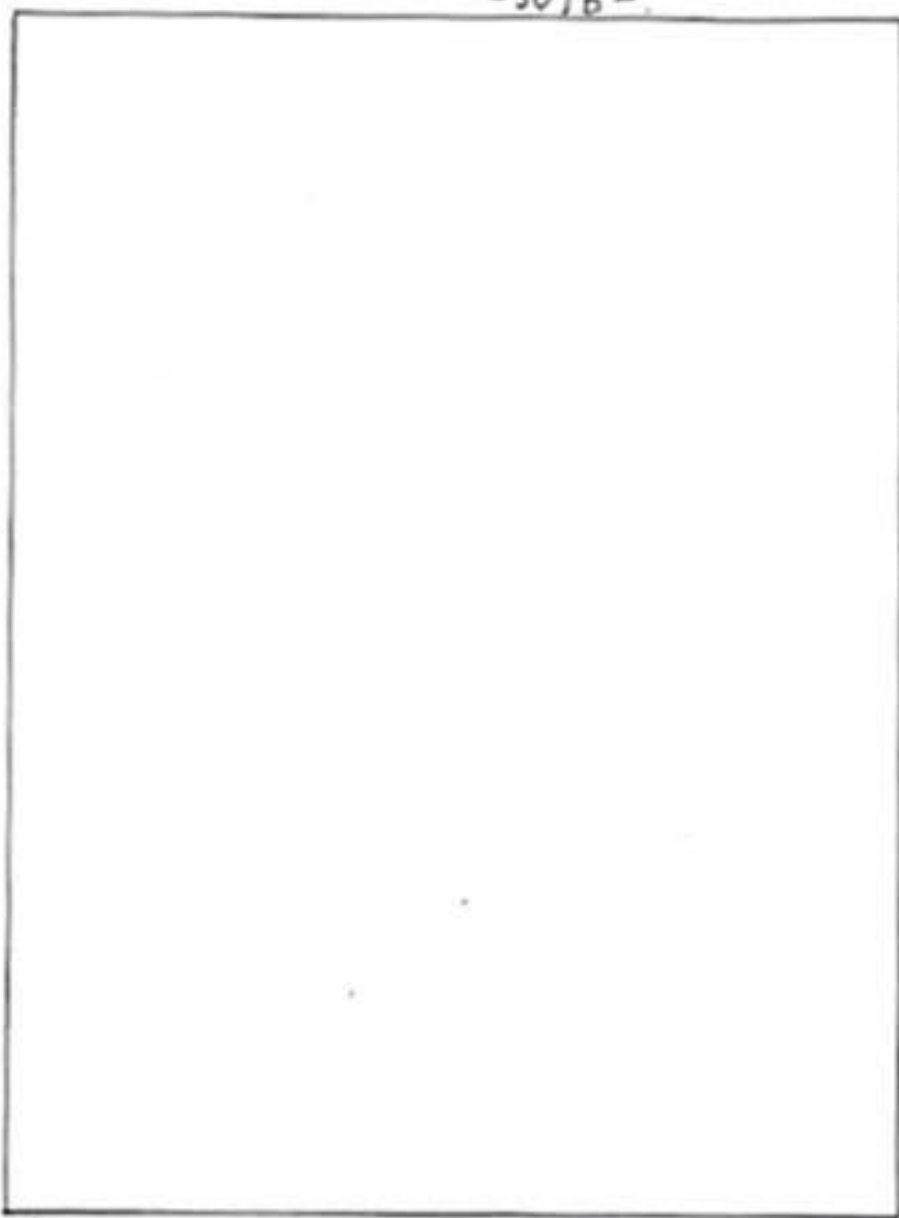
Far away from the city noise deep inside of your heart. There is a voice in the silence calling for you. It's your guiding star. **JUST listen**, just listen and you shall see. IT IS THE GURU IN YOU AND THE GURU IN ME. THE LIGHT ON THE PATH SHALL SET YOU FREE. THE MASTER IS CALLING HE IS WAITING

-3075-

FOR YOU
IT IS THE GURU IN ME AND THE GURU IN YOU.
Life is just like a blink of an eye for eternity
This crazy world in which we are living is not reality
Keep searching, keep searching and you shall find
THE GURU IN YOU AND THE GURU IN ME
THE LIGHT ON THE PATH SHALL SET YOU FREE
THE MASTER IS CALLING HE IS WAITING FOR YOU
IT'S THE GURU IN ME AND THE GURU IN YOU.

OM MANI PADME HUM OM MANI PADME HUM.
IT IS THE GURU IN ME AND THE GURU IN YOU...

-3076-



-3077-

BE LIKE A CHILD AGAIN.

You who are lonely, with nowhere to go and maybe you sleep in the streets
you have lost everything, even your pride
and all that's left are your broken dreams
understand, that you are part of HIS plan
HE wants you to know, that he is there
when NOBODY cares
BE LIKE A CHILD AGAIN
ASK FOR HIS HELPING HAND ASK FOR HIS LOVE
AND HE WILL BE THERE
BE LIKE A CHILD AGAIN
CRY IF YOU FEEL LIKE IT
CALL HIS NAME
AND HE SHALL WASH AWAY YOUR TEARS
don't blame others, for what happened to you
cause you are the master of your OWN FATE
stand up, give it a NEW TRY!
FEEL the power of HIS love in you
HE is waiting HE is waiting
but you must do the FIRST step
So don't be afraid to fall, cause HE will be there
to hold you in HIS arms
BUT YOU MUST BE LIKE A CHILD AGAIN
ASK FOR HIS HELPING HAND ASK FOR HIS LOVE
*which means: GENERAL GUIDANCE, or "TRY will not mine."

-3078-

AND HE SHALL BE THERE
 BE LIKE A CHILD AGAIN
 OPEN YOUR HEART AGAIN
 IT IS THE ONLY WAY
 TO FEEL HIS LOVE
 Isn't it great to know, that you are not alone
 that HE shall be with you
 BUT YOU MUST BE LIKE A CHILD AGAIN...

BE LIKE A CHILD AGAIN

You are a "sinner"? I mean a real sinner, somebody who has done terrible things, somebody who is stuck in the "swamp" of his "sins". Have you failed so often, that you think it would be better to die, than to go on living like that?
 I ask you again: Did you hurt others, hate them, did you want to destroy them? Did, or do you, want to destroy YOURSELF? Are you totally in the hands of "satan"?
 And I ask AGAIN: "Are you one of those 'sinners'?" And did you do even WORSE "sins", than those I mentioned? If so, then listen to me: You are SELECTED. Not selected by the "devil", who does not exist and NEVER existed, but by THE FATHER in you, which is YOUR HIGHER SELF and whose NATURE IS LOVE.
 HE YOUR HIGHER SELF, or the SPIRIT, or the
 *who does not exist. What you might feel, is simply the presence of a DEMON.

-3079-

MONAD, or ATMA BUDDHA, wanted you to do all these things! HE wanted you to go the wrong way again and again. And AGAIN. He wanted you to taste from the "forbidden" fruits of material world, until they became "ashes" in your mouth. HE wanted you to drink alcohol, to take drugs, to have sex without love, or any other spiritual connection to that partner. HE wanted you to be the sinner you are NOW! WHAT?! HE WANTED ME TO DO ALL THESE THINGS???

Yes.

I can hear you asking, no, CRYING: WHY? How can HE be so cruel, to let me suffer like this? Why didn't HE show me the RIGHT way? WHY did HE DO ALL THIS TO ME??!

I tell you why.

HE IS CONSCIOUSNESS in its loftiest form. And HE wants you to meet HIM on HIS level. HE IS LOVE in its loftiest form, and HE wants you to meet HIM on HIS level. So HE "created" somebody, who can distinguish RIGHT from WRONG. What I want to say, is: You only [or most of us] find the way to HIM through LEARNING, which mostly means: PAIN and SUFFERING. Why? Because you wouldn't get it the other way! Are you suffering? That is ONE way of HIM to express HIS love to you. Here now the explanation of, why it was NECES-

-3080-

SARY for you to become a "sinner": Only if you have done often enough the "wrong", you shall find out what is RIGHT. Right? There is an old saying: You can't become a SAINT if you haven't gone through HELL first. You can take these words LITERALLY. But now let me ask you ANOTHER question: Did you suffer long enough, or do you want to suffer more? NO? No more suffering? Are you sure? Because some people simply love to suffer. That is at least the impression I get, when I look around me. Are you one of those? Then you are a masochist. Then go on suffering. And when you have suffered ENOUGH, you will understand. Or: Do you want to continue hurting others? Then you are a sadist. Then go on hurting others and await your karma... Then you shall be hurt again and again and again, until you learn, until you understand.

you see now, why you are in trouble? you were looking
 *In other words: Even one, who is able [NOW] to exercise NISKHA NAMASTAKA, or a conscious spiritual INDEPENDENT life as a SPIRIT [as BUDDHA could], even those, who later were able to become PLANETARIES or even HIGHER SELFS [BRAHMA's] of SOLAR SYSTEMS, have first to go through the material or, as we call it now, human state.
 *This explanation concerns those, whose spirits belonged to the THIRD RACE after separation of THE SEXES and who received MANAS, or MIND, too late, which is: MOST OF US. AUM.

-3081-

for the truth in MATERIAL world, in material things, but the material world and everything in it, is just an ILLUSION, the SHADOW, or CHAYÄ, of the real world, which is: SPIRITUAL. HE wanted you to taste again and again from the "forbidden fruit" of material world, so that you would be disillusioned. But you continued to taste from it, you wanted more, more, more! You thought: "it is not here, but MAY BE I find it THERE." But the more you tasted and tried, the more you became DISILLUSIONED. And now all that's left on your broken dreams. Now you are READY for HIM. Now you shall realize, that material things are nothing but "vehicles" for the spirit. Now you are ready for HIM, your misery leads you directly into HIS arms. Because if you can't find the answer in material world, WHERE ELSE could it be? Of course in the SPIRITUAL world! There is no other reality. The material world is the ILLUSION, and the spiritual world is the REALITY and also THE SOURCE, from where ALL material things evolve. You tasted from the SHADOW, but not from THE LIGHT, you tasted from an ILLUSION, and of course, as it is written in my next poem FRUITS OF HEAVEN, it did not satisfy you. But now it is ENOUGH. You have fooled around LONG ENOUGH with MÄYÄ. Now taste the REALITY, HIS reality, which is also YOUR reality, the ONLY reality that exists. Taste it and you shall always have enough FOOD-physical AND spiritual, and, more than that, you

-3082-

shall even have enough food to feed OTHERS.
you might say: All right, I am ready, but what can I do? I do not SEE the reality, Lanco is talking of. I just see, that the illusion he talks of, IS MY REALITY NOW. How can I find the reality HE is talking of? Very easy: LOVE, loving feelings, friendship, to care for somebody, all this is the reality I AM talking of. Everything else is MĀYĀ or ILLUSION.
CHANGE. Change from being a taker, into being a giver. Did you EVER REALLY love somebody? Be honest. I think, it was the father of JOHN KENNEDY Joseph KENNEDY, who confessed on his death bed: "I think I never really loved anybody." Most of the worldly leaders, politicians, etc. HATE the masses, that is why they want to CONTROL them, but in reality they FEARED them, because you want to control only those, whom you FEAR. Leaders are TAKERS. No MAN should lead our MAN. Am I leading you? God beware, THE BOOK OF LIGHT shall lead you through the darkness of Kali yuga. I CANNOT do that. I am just A TOOL, used by BEINGS BEYOND my COMPREHENSION. I am a HUMAN BEING like you and for some NOT LIBERATED, although THAT is my DREAM, which might not come true in this life. But WHAT I AM CHANGING. That much I can say. And I expect the same from you, now that you have followed me over.

↳ Strong SCANDALS...
↳ PROGRESSING.

-3083-

thousands of pages through THE BOOK OF LIGHT.
So, the LESS you love somebody, the more you live away from reality, which is SPIRIT, toward the illusion, which are material things (and thoughts...). THAT is why you are in trouble now, no matter if you are a millionaire or a bum. See the smile in a child's eye. A child loves UNCONDITIONALLY. Each baby is (first) the perfect incarnation of love. Totally innocent. Only later it shall be "soiled", by KARMA, generated in former lives. But FIRST it is PURE LOVE. otherwise it would have NO CHANCE to survive, although some babies die immediately at birth, or only after a few years, which is due to heavy karma, thus "erased" through a fast RE- and DE-incarnation process.
Now, you have tasted long enough from material world, you have long enough escaped from the REALITY of your HIGHER SELF, which is SPIRITUAL. Now come back. Come back to REALITY. THIS shall happen in TWO STEPS.
STEP ONE:
FORGIVE YOURSELF for what you have done. You HAD to fail. You HAD to be a "sinner". It was NECESSARY for you! There is not much to forgive ANYWAY, because EVERYBODY is a SINNER. There is not much to forgive, because the people you hurt, caused these sins THEMSELVES in this, or

* IF the SKANDHAS, picked up at the descent of the Spirit, awaken to life, or in case of a SHADDER SHELL. And it also depends on the parents, if these Skandhas would ever awake!

-3084-

another previous life. They "revel" what happened, because you just gave back an energy, that you once RECEIVED from that person, or ANOTHER PERSON, ON THE SAME LEVEL OF CONSCIOUSNESS. But you can only be saved if you FORGIVE THEM (which should be easy, now that you know about KARMA and REINCARNATION). BREAK THE CHAIN. You shall see: ONCE you understand, that you HAD to do what you DID, once you understand THAT, THEN you are ready for STEP TWO:
LOVE UNCONDITIONALLY, like a child. THAT IS what I mean, when I say BE LIKE A CHILD AGAIN. I do NOT mean "be helpless like a child", or irresponsible like a child, or naive like a child, I mean LOVE like a child, which is - UNCONDITIONALLY. This love comes from INSIDE. You don't have to run around and to tell everybody: I love you. That is foolish. This is done by wimps and weak fools. The love I am talking about IS SELF EXISTENT, because of the nature of the SELF. AUM.
Your world has tumbled down. You don't know, where to go any more. You don't know, what to

↳ The HIGHER self of course.

↳ Even in a future life, since for THE SPIRIT all incarnations happen at THE SAME TIME. But THIS kind of definition is only meant for the ADVANCED student, or some body, who reads THE BOOK OF LIGHT at least FIVE TIMES.

-3085-

do. You feel like a motherless (fatherless) child? That is good. That is your chance! You have asked your lower self long enough, what to do, and when to go. And where did it lead you to? To STEP THREE:
Now ask your HIGHER SELF [ĀTMA - BUDDHI], which is also your REAL SELF or (if you want so) GOD. Ask your HIGHER SELF. How? For sure not like this: "Oh God, please help me with THIS and THAT. Or give me this or that. HELP ME. Right now!! I have suffered enough!" If you ask like this, it means, that you are still a TAKER, and the churches shall be more than happy to take care of you and your money. Neti, Neti! Be QUIET. Listen to your HIGHER SELF. It has a voice. It is THE VOICE IN THE SILENCE. It is inside of you, and it will answer, and the answer shall be SPIRITUAL. It was ALWAYS there, this answer. But how can the material EVER understand THE SPIRITUAL? You searched long enough for the answer in MATERIAL world. THERE of course you could NOT find it. But now you shall HEAR the voice and the answer. But you must ask THE RIGHT question. What IS the right question? It is NO QUESTION AT ALL, it is an ORDER. And the order is: GIVE GUIDANCE. That is all. That is IT. They will not MINE. THAT is, what the SPIRIT was waiting for all these years. "GUIDANCE PLEASE. And not: "Do this, do that. Help here help there". Because that is telling HIM, how to

↳ Or: GUIDANCE PLEASE.

-3086-

do HIS JOB! How foolish! "GIVE GUIDANCE" THIS IS THE 'OPEN SESAME!' to the spiritual world. GIVE GUIDANCE IS "green light" for the Spirit. He needs your PERMISSION, THEN he shall take care of ALL your problems. HE only works with your PERMISSION, because down here HE has no power WITHOUT YOU. This is why BLACK MASS is so strong in our world. YOU are the 'Open sesame' for the SPIRIT. HE can enter only through you into MATERIAL WORLD, only THROUGH YOU, SPIRIT can attain consciousness, and that consciousness when Spirit touches matter, THAT REACTION of MATTER to the TOUCH of SPIRIT is called LIFE.

AUM.

P.S. To all those, who might say: Ohay, but I am NOT in this situation. I am quite happy with myself, and I do not feel guilty at all. I live my life, and everything works fine for me, even if I am not "like a child again".

Here is my answer: To be really unhappy and in trouble, means to have done the same mistake again and again. And again...

Until there seems to be no way out. And you might be separated from matter, Spirit becomes the absolute negation of life and being. *KOOT HOOMS LAL SINGH IN HIS LETTER No. XXIII B, II. to A.P. SINNETT.

-3087-

be on the way to it. So watch your steps! There is always a FIRST step into the wrong direction. That is the trick of "satan". The first steps in his direction "taste" wonderful. But they are steps away from your soul. And from a certain point on, your higher self, even if it is on the edge, of what I am allowed to say: watch your steps. They might lead into the wrong direction. When your higher self doesn't follow you anymore, you might be lost forever.

THE FRUITS OF HEAVEN

I was up I was down, I was king I was clown
everything I wanted to be
and I've tasted it all, and I wanted more
but it did not satisfy me
until I found YOU

LET ME TASTE THE FRUITS OF HEAVEN
LET ME TASTE YOUR LOVE AND THEN
I WILL ALWAYS STAY AT YOUR SIDE
AND I'LL NEVER TASTE ANOTHER
FRUIT AGAIN

I was weak I was strong, and I thought, I belong to nobody but me
but my eyes were blind from the tears I cried,
until you made me see
now I know I belong to YOU

LET ME TASTE THE FRUITS OF HEAVEN
LET ME TASTE YOUR LOVE AND THEN

-3088-

I WILL ALWAYS STAY AT YOUR SIDE
AND I'LL NEVER TASTE ANOTHER FRUIT
AGAIN.

LET ME TASTE THE FRUITS OF HEAVEN
I'VE BEEN SEARCHING ALL MY LIFE
AND NOW THAT I FOUND YOU I'M
IN HEAVEN AND ALL MY DREAMS ALL
MY DREAMS COME TRUE.
LET ME TASTE THE FRUITS OF HEAVEN...

THE FRUITS OF HEAVEN

Fruits of heaven? Come on. What does he mean! The drink of the Gods? Or what? your body needs food. you give it food. Everything it likes. The more food you give, the more it wants. It needs new excitements, new thrills. Some become gourmets and others just eat and eat and eat. They eat everything, just to get their body satisfied. Last christmas I spoke with somebody about ESOTERIC and that we have a LOWER SELF and a HIGHER SELF and that the lower self is AWARE of the higher self [the soul] and becomes the higher self ITSELF by FEELING it. And we talked and talked, and I think some of what I said to him and some of what he found out himself by asking [and before I could give the answer, he sometimes found it by himself] created a sudden happiness in him. So he smiled from time to time like a child, astonished and surprised
#SOVRMANOS - gluttons.

-3089-

and said: "Oh yes, I understand" and "Now I feel the same, you are right!" and so on. This man was about 45 and very fat. I asked him: "What do you think, you feel your happiness with. With the body or with the soul?" - "With the body!" he answered. I said: "you are right, your soul talks to you, and your body realises it." He said: "yes, that is how I feel it!" and I answered: "you see how wonderful your body, any body is? It can not only taste a hamburger with potato-chips and ketchup, but also from your soul!" he laughed, and I also laughed.

Hey, how about less Hamburgers and potatochips with ketchup, and more "soul food"? Try less food of earth and more fruits of heaven. But be careful. The fruits of heaven might make you become very, very hungry. Once you've tasted it, you will want more and more and more. It is like a drug. A heavy drug. Just with one difference. The drug will make you more and more unhappy. The fruits of heaven will ENLARGE your happiness.

Why did that fat man enjoy the fruits of heaven? Because I fed him with it. If you want to taste some of the fruits of heaven, first you must be ready for it and second you must "eat" it. How could you have known about the fruits of heaven, if, until now, nobody fed you with it?

-3090-

There was maybe nobody, that even told you that there is **another** fruit, than material fruit. Love is a guidepost to where the fruits of heaven are. If, maybe, you never had real love in your life, you cannot find THE FRUITS OF HEAVEN easily and also taste them.

Many people taste from the fruits of materialism, because they are so unhappy not having found THE FRUITS OF HEAVEN. So they taste from the FRUITS OF MATERIALISM, to forget their problems. That at least they come a bit closer to the feeling, of how the FRUITS OF HEAVEN could taste. Because, when you can make your problems disappear for a short time [with food, drugs, alcohol, etc.] then at least for some moments you reach, what you THINK is happiness. THAT is the only thing we really want and need in life: HAPPINESS. The THIEF is happy, when he can steal, the killer is "happy" when he can kill, and the HEALER is HAPPY when he can HEAL. But happiness ALWAYS is a FEELING, ISN'T IT? And a FEELING is something SPIRITUAL. SO, most of us taste from material fruits, because we expect a SPIRITUAL result from it. So, you could say, that even THE GREATEST MATERIALIST IS SEARCHING FOR SPIRITUAL HAPPINESS. It is true. He is just going

-3081-

the wrong direction. He finds out by feeling unhappy after a certain time. He tastes again and again and again. The more he tastes, the more he becomes unhappy. THAT is, when he changes maybe to "heavier fruits", such as drugs and alcohol, etc. But this just throws him back deeper and deeper into materialism. Poor guy. And all he wanted was a SPIRITUAL RESULT. Just HAPPINESS. Happiness in the sense of: One man's heaven is the other man's hell. We are not sinners. NONE of us is a "sinner", but we all are SEARCHERS. But most of us search in the wrong direction. So what? Reincarnation teaches, that it is not a real problem to search in the wrong direction. Because one day [or one LIFE] you will be so exhausted and disappointed from searching in the wrong direction, that you shall decide from now on not to make the same mistake again. THEN you will search in the right direction. And you know what? We ALL shall one day find the right direction, leading to spiritual happiness, which is the ONLY true happiness, that lasts and which will LIBERATE you from any material desire. Now I can hear some of you saying: If I find it ANYHOW, why then don't you just let me go my way let me eat and drink WHATEVER I want, let me have sex as often as I want, and with WHOMEVER I want, let me hurt whomver I like to hurt and love whomver I want to love. Let me taste from the FRUITS OF MATERIALISM, as long as I want

Although I write somewhere else, that we all are born as SINNERS, meaning: IMPERFECT.

-3092-

because right now I feel VERY happy with it. All material things make me happy, and everything that has to do with so called "SPIRITUALITY" just gives me a headache.* I agree completely. Go ahead and taste the FRUITS OF MATERIALITY. Have sex with WHOMEVER you want. Take drugs, drink alcohol and enjoy yourself. I even suggest to you, not to listen to my message and don't listen to my songs. Buy yourself a Hardrock album that promotes sex and violence in its lyrics and in its music. But do NOT listen to my message and FORGET THE BOOK OF LIGHT. All this I want you to do, because YOU still haven't yet suffered enough. THE BOOK OF LIGHT is for those, who have suffered ENOUGH, who are BORED with the FRUITS OF MATERIALISM, because this kind of food left them hungry, hungry in the body AND the soul. For all those I have a new diet. A diet which makes the body slim again and the soul BEG like a mountain. Because the soul can NEVER have enough SPIRITUAL FOOD. But first you must feed YOUR MIND, or MANAS, with this new diet.

MIND thus creates a channel UPWARD to Spirit, which, by the way is a FACT. Many people who FIRST study ESOTERIC SCIENCE have a sometimes severe headache. What they don't know is, that it is a GOOD sign, because their higher glands [and the corresponding "CHANNELS"] open for the first time. So it is a healing pain...

-3093-

rit and this channel is called ANTAHAKARANA or ANTASIKARANA. ANTAHAKARANA IS THE PATH. WALK IT. AUM.
Once you have opened that channel to your HEAVEN SELF you get a FEEDBACK from the SPIRIT. THE BOOK OF LIGHT shall change you from a BELIEVER into a KNOWER. But you only can become a knower by asking again and again. Who am I? Where do I come from, where am I, where am I going?
The CHURCH, whose greatest sin it was to purposely misinterpret the message of JESUS THE CHRIST, this church will answer you: "Don't go on asking, because from HERE ON begins THE UNFATHOMABLE WILL or DECREE of GOD!" which simply means, GOD'S DECREE should not be discussed [or criticized]. What a nonsense! HE WANTS you to ask again and again. THAT is why he gave you a brain. WHY do you think DID HE give you a brain? To only be able to eat and drink and sleep? [sorry I forgot SEX]. But if it would have been only for that, he would have let you be an animal. But you "awoke" one step higher in the HUMAN KINGDOM. YOU are now MORE than an animal. HE made you a human, because HE wants you to SEARCH for him, to ASK for HIM, and then HE wants you to FIND HIM. So do not think, that it is needless to say, that NO SPIRIT and NO GOD really WANTS you to do ANYTHING. It is THE LAW, which urges even the HIGHEST DEVA, to obey...

-3094-

is a SIN to ask for HIM. It is your DUTY. And if somebody says "BELIEVE!" then tell him to go away. But if somebody is AT LEAST willing to listen to your questions and tries to find an answer, by using common sense, even if this one would have NONE knowledge whatsoever, he would be wiser than the POPE HIMSELF. Always use COMMON SENSE, whenever somebody tries to explain or to "sell" something to you. COMMON SENSE, that is all I ask for. Reflect THE BOOK OF LIGHT with or in your common sense when you read it, and then listen to the voice in you, in the SILENCE. It shall give you the answer about THE BOOK OF LIGHT. ONLY trust your inner voice, ONCE you have reflected whatever the subject, in your COMMON SENSE.

Now, how can we find THE FRUITS OF HEAVEN? In TWO STEPS. STEP ONE: Feed your soul with the spiritual food, that you find ON EARTH. THEN the SPIRIT shall respond and you shall be fed by the SPIRIT. This is HIGHEST CONSCIOUSNESS, and once you have tasted from spiritual foods you shall never taste another fruit again as it is written in the poem.

But how do I find spiritual food on earth? Isn't spiritual food in heaven? Not at all. To find the spiritual food, which is on earth, you need two more steps. [2 and 3]

Step two: To choose the RIGHT food, means you must

-3095-

be able to distinguish it from the WRONG food. WRONG spiritual food is for instance: Entertainment of ANY kind, which promotes SEX and VIOLENCE. you might say: "Then I can't even leave my apartment, because we are surrounded by things that constantly promote sex and violence!" That is true, but you must not necessarily be touched by it. Of course there are pornographic books, but that is no reason to read them. Don't buy them, don't read them. Do not watch movies that promote sex and violence. I tell you why. You do not see and read and listen consciously but SUBCONSCIOUSLY. Especially if you CONCENTRATE on something. On a film or on a book you get "carried away." Carried away into the world of this film or this book. You will ACCEPT it. you will accept the message of this film or this book. [also when it promotes sex and violence]. And then you accept also, that it is good to promote sex and violence. Then SUBCONSCIOUSLY, and later even CONSCIOUSLY, you shall promote sex and VIOLENCE YOURSELF! Your subconscious does not judge. It takes everything as an order. So now you see where your spiritual and mental food goes. To your SUBCONSCIOUS. you understand now? Don't tell me, oh this can't happen to ME, because I know that this horror movie or

-3096-

sex film is just a film. It can't affect or influence ME.

This answer shows me, that you still don't know much about your SUBCONSCIOUS and how it is functioning. If you do the first step [into the wrong direction], if you accept the message, if you taste this wrong "forbidden" fruit, then you are already programmed, your SUBCONSCIOUS is programmed. Of course it is also programmed by your answer: "oh, it is just a movie, or a book, NOT REALITY!" Let us see. Would that consciousness "neutralize" the negative effect of the movie or book on your subconscious? Then let me ask you another question: How many of these horrible films did you see, how many of these books did you [hopefully not] already read, and how many times did you assure your self "oh, it's just a film its just a book, do not take them for serious, dear subconscious, of course it is NOT good to promote sex and violence!"

How many times did you really try to neutralize the negative programming of your subconscious. Do you agree, that you saw already more bad films and read more bad books, than saying to yourself: "oh,

-3097-

its just a film, it is just a book, but NOT reality!" Even if you said it EVERY TIME after you saw a bad film and read a bad book, the NEGATIVE programming of your subconscious shall ALWAYS win, because it takes hours to watch a movie and hours to read a book, but how long does it take to say or think "it is just a movie it is just a book, but not reality!"?

"It is just a film, it is just a book" are just some words and thoughts, some seconds trying to neutralize the negative information of HOURS. That means, in the end the negative programming always wins. And something else. Words are just words, but words AND images are double powerful. And movies ARE words and images. What, do you think, happens inside of you, when you watch, for instance, a violent movie? Or, asked the other way, why do you like to see a violent movie? you might answer: "oh, I love to watch it, because I had a frustrating day in my office, I am full of aggressions, but when I watch RAMBO killing every body, it will take away my aggressions, and it will make me feel better." Or when I watch a wrestling fight. Isn't it better to let OTHERS shed blood, instead of ME attacking somebody else?

-3098-

The entertainment business wants you to fall right into that trap. "Watch aggressive movies, and it shall make you less aggressive and fearful." Another lie: "Since we have pornography the 'xx crimes' [rapings, sex murder, child abuse, etc] have decreased." In the contrary: THEY HAVE INCREASED. Did you know that after each MURDER ALL fight the murder quotas in NEW YORK increased? You might say, that only weak people could be affected by this, but not you.

Let me tell you: There ARE NO "weak" people, but just young or old souls, having incarnated a few, or many, times. And especially the "young" souls have still to develop and to gain control over their vehicles, throughout many incarnations to come, and WE are responsible for them, because we all are limbs of ONE HUGE BODY called UNIVERSE.

And as to our high developed culture: It is not true, that in high evolved civilizations those books and films could not affect or influence you. Because: The HIGHER a nation is culturally and technically, the more liable it is to degenerate, [as proven many times in past history].

* incarnated out of the animal kingdom in THIS ROUND BUT sometimes a SPIRIT-SOUL incarnates MANY times and leaves nothing.

-3099-

if it "tastes" too much antispiritual food. THEN higher developed souls won't incarnate any more in this nation, but ONLY younger souls, which would mean, no matter how highly developed intellectually, or culturally, you are, you still could have an "ape" as son, if you helped [in a former or in this incarnation] to create a spiritually and morally unclean condition.

And then, after a certain time-period, there is not even place for YOUNGER souls, since the bodies of that race have become too soiled, then the race shall die out and the HIGHER SELVES look for other, new and HIGHER EVOLVED races. AUM. So ESPECIALLY, when you are socially and intellectually on a HIGHER standard, you have an even GREATER responsibility for what happens in our society and what "FOOD" your children should eat. Now, I just mentioned some of the "foods", that you should not taste I could go on for pages with other examples, but I am sure you know, what I am talking about. Watch your daily spiritual food, see to it, that it should be always PURE SIMPLE and INNOCENT.

Where do you look first in the newspapers? Where as it happened already MANY TIMES

-3100-

the BAD news are? Then you are, like most people, already poisoned by the wrong kind of spiritual food. The managers and producers of these magazines and news papers have a simple million dollar philosophy. They say that only UNHAPPY people like to read negative news [murder, crime, etc] because then these unhappy people know, that out there, there are others having even WORSE problems, than they. So it helps them to bear their burden in life. If it only would! But that is simply not true, because the more they want to be consoled by the fact, that there are others, having even more problems than themselves, the more their SUBCONSCIOUS becomes soiled by these negative informations [remember what I wrote about negative programming of your subconscious].

Thus this negative food you are eating, or READING, day by day, only ENLARGES your problems, and in the end you resignate and say: "The world is bad, people are bad, and, of course, I am bad too."

And GOD? He must be bad too, to allow all this! Do you see where all this leads to, when each day you taste from those "forbidden" fruits? Here my advice: TRY TO AVOID THEM. Try not to eat this food. Start NOW. Just being AWARE of what is wrong, shall lead you into the RIGHT direction. You will see, it works. Only watch movies

-3101-

with a positive spiritual message. Only read books of HIGH VALUE. For the student of ESOTERIC SCIENCE I now present a list of books, which ALL corroborate the message of THE BOOK OF LIGHT. You can read these books from time to time, but NEVER let go of the BOOK OF LIGHT. These other books DEEPEN and INTENSIFY every word, written in THE BOOK OF LIGHT, but still they are PARTIAL knowledge. Only in THE BOOK OF LIGHT the veil is lifted COMPLETELY. AUM.

"FRUITS OF HEAVEN" FOR THE TRUE SEARCHER
THE FORTH REICH OF THE RICH - DES GRUFFIN

THE SECRET DOCTRINE - H.P. Blavatsky.
ISIS UNVEILED - H.P. Blavatsky
A Study in Consciousness - Annie Besant
Ancient Wisdom - Annie Besant
Atlantis, the Antediluvian World - Ignatius Donnelly.
Atlantis - W. Scott-Elliott
Apocalypse - Godfrey Higgins
The Natural Genesis - Gerald Massey
A Book of the Beginnings - Gerald Massey

* All these books are connected by a MAGIC THREAD of wisdom and knowledge, called THE BOOK OF LIGHT, uniting, transcending and SURPASSING them, reaching further and further, until it touches the mind of BRAHMAN, which is MAHAT, from whence it originally emanated. AUM to THE BOOK OF LIGHT. AUM.

-3102-

The Rosicrucian Cosmo-Conception - Max Heindel.
 Esoteric Buddhism - Sinnett.
 Queen Moo and The Egyptian Sphinx - Augustus Le Plongeon.
 Rosicrucian Fundamentals - Khei X.
 The NIGHT of the GOATS. - John O'Neill.
 Studies in Occult Philosophy - G. de Purucker
 THE MAHATMA LETTERS to A.P. Sinnett.
 Sacked book of the Egyptians
 THE BOOK OF DEAD.

Hebrew:

THE TALMUD * The Doraitha * The Book of Noah
 The MIDRASH * The Book of Jasher * The book
 of Enoch.

THE QABBALA

- (I) SEPHER YETZIRAH
- (II) SEPHER DZENIOUTHA
- (III) Great Holy Assembly

ARABIAN

The KORAN * The SUNNA [Moslem
 Law BASED on the teachings of MOHAMMED]

PERSIAN

The Zend Avesta * The Bundadish * The Book
 of the Sufi. * Rubaiyat of OMAR KHAYYAM

-3103-

Hafiz's Poems * Jami's Mystic writings *

East Indian

THE RIG VEDA * THE UPANISHADS * THE MAHA -
 BHARATA * THE SUTTAS or SAKED SAYINGS *
 THE DHAMMAPADA * RAMAYANA * THE VISHNU
 PURANA.

CHINESE SACRED BOOKS

The Yih King * THE SHU KING * THE KIU-TI *
 TAO-TEH KING * CHUANG-TSU * THE WRITINGS OF
 MENCIUS *

JAPANESE SACRED BOOKS

THE KOSHIKI * THE NEHONGI * THE YENGISHIKI [Shin-
 toism] * THE OSPEL OF THE WHITE LOTUS.

Miscellaneous Sacred Books.

The Book of MORMON * THE APOCRYPHA * THE BOOK
 OF FO. * THE PISTIS SOPHIA - G.R.S. MEAD. * THE STAN-
 ZAS OF DZIAN, AUM! * THE SACRED EDDAS * THE
 RESTORED NEW TESTAMENT * THE AQUARIAN GOSPEL
 THE THIRCE GREATEST HERMES - G. R. S. MEAD.
 SCIENCE and Health - Mary Baker Eddy.

Astrology

Sibly's Astrology * Lilly's Astrology * But-
 ler's Solar Biology * A Manual of Astrology - Ra-
 phael * SIMMONITE'S ARCANIA OF ASTROLOGY *
 ALAN LEO'S TEXTBOOKS ON ASTROLOGY * ASTROLO-
 GICAL JUDGMENT OF DISEASE - NICHOLAS CULPEPER.

-3104-

A Complete Dictionary of Astrology - James
 Wilson * The Message of the Stars - Max Heindel
 Astro-Diagnosis - Max Heindel * Astrology by
 Partridge * Zodiac of Tentrya - John Cole
 FLAMMANNON'S ASTROLOGY * PTOLEMY'S TETRA-
 BIBLOS * your place in the Sun - Evangeline Adams
 * The Bowl of Heaven - Evangeline Adams.

Alchemy

Keys of Basile Valentin * THE HERMETIC MU-
 SEUM * THE CHEMICAL COLLECTION - A. DEE * THE
 SECOND WASH - THOMAS VAUGHAN * LUMINE DE
 LUMINE - THOMAS VAUGHAN * THE MAGIA
 ADEMICA - THOMAS VAUGHAN * TRIUMPHANT
 CHARIOT OF ANTIMONY - BASILE VALENTIN * HE-
 METIC and ALCHEMICAL WRITINGS OF PANACEL-
 SUS - ARTHUR EDWARD WAITE. * ALCHEMICAL WRIT-
 INGS OF JOHANNES BAPTISTAE VAN HELMONT.

Symbolism

Symbolism - Milton Pottenger * THE SECRET
 SYMBOLS OF THE ROSICRUCIANS - FRANZ HARTMANN
 * ROSICRUCIAN SYMBOLOLOGY - KHEI X. * WRITINGS
 OF ROBERT FLUDD * THE TAROT OF THE BOHEMIANS
 PAPUS * TREE AND SERPENT WORSHIP - JAMES FER-
 GUSSEON. * THE GNOSTICS and their remains - C.W.
 KING. * ANCIENT FREE MASONRY - FRANK C. HIG-
 GINS. * THE HINDU PANTHEON - EDWARD MOOR.

-3105-

Free masonry. (Dewart...)

The Secret Tradition in Free masonry - Arthur Edward
 Waite * A New Encyclopaedia of Free masonry -
 Arthur Edward Waite * Three Master Masons -
 Milton Pottenger. * Morals and Dogma - Albert
 Pike * Mystic Masonry - J.D. Buck. * Geome-
 tric Masonry - Frank C. Higgins * IRANO-ARYAN
 FAITH and DOCTRINE - ALBERT PIKE.

SECRET ORDERS

The Rosicrucians, Their Rites and Mysteries - Har-
 grave Jennings * THE SECRET SOCIETIES OF ALL AGES -
 C.W. HECLA THORN. * THE MYSTERY OF THE AGES - THE
 COURTSHIP OF FAITHFULNESS. * THE GOLDEN BOUGH - SIR JAMES
 GEORGE FRAZER. * THE DERVISHES - J.P. BROWN. *
 ELEUSINIAN and BACCHIC MYSTERIES - THOMAS
 TAYLOR *

QABBALAH

QABBALAH, THE PHILOSOPHICAL WRITINGS OF AVICE-
 BROUN - ISAAC MYER. * THE KABBALAH - ADOLPH
 FRANCK * Kabbala Demudata - Knorr von Rosenroth

Other works

THE MAGUS - FRANCIS BARRETT * AGRIPPA'S OCCULT
 PHILOSOPHY * THE KEY OF SOLOMON THE KING -
 S.L. * MAC GREGOR - MATHERS. * WRITINGS OF PA-
 RACELSVS * TRANSCENDENTAL MAGIC - ELIPHAS LEVI.

Who never lived and was always just meant as an ALLEGORY

-3106-

LACIEF des GRANDS MYSTERES - ELIPHAS LEVI *
On mankind their ORIGIN and destiny - ANONY-
MUS

Analysis of characters.

LAVATER'S PHYSIOGNOMY * Fowler's Human
science * CHEIRO's Language of the Hand * Pal-
mistry by Sainte Germain.

Writings of mystics such as

Andrew Jackson Davis, Jakob Boehme, Emanu-
el Swedenborg, Thomas Lalce Harris, Walt Whit-
man, Claude St. Martin.

Further:

At the Feet of the Master - Akyone * The song
Celestial - Sir EDWIN ARNOLD * Light on the
Path - M.C. * THE VOICE OF THE SILENCE -
BLAVATSKY [AUM, AUM!] * In tune with the
INFINITE - R.W. TRINE * THE IMPERSONAL LIFE
The prophet - Kahlil Gibran * The Harmonics
of EVOLUTION - Florence Huntley * The GREAT PSY-
CHOLOGICAL CHEMIST - T.K. * THE CELTIC DRUIDS -
Godfrey Higgins. * FRAGMENTS of a FAITH
FOR GOTTEN - G. R. S. Mead * Thought forms -
ANNIE BESANT * MAN, VISIBLE and INVISIBLE
ANNIE BESANT * C.W. LEADBEATER * THE INNER

READ IT, read it, read it!
* Sometimes criticised by the Masters for her lack
of concentration [when she communicated with TWO of
them at the same time, confusing their messages.]

-3107-

LIFE - C.W. LEADBEATER [read it, read it, read
it!] * The cloud on the Sanctuary * OUTLINE OF
HISTORY - H.G. WELLS.

ESOTERIC FICTION

ARDATH * THELMA * SONNOR OF SATAN * The young
Diana * Romance of Two Worlds * Life Ever-
LASTING * The DEVIL's motor. - ALL written by
Marie Covelli.

The Sherlock Holmes stories * The Sax Rohmer
books * The Jules Verne novels * The Talbot
Mundy books of whom OM seems to me the
most important. * BEN HUR - Wallace * QUO
VADIS - Sienkiewicz * Seraphita - Balzac * Eti-
dorpha - Lloyd * The wandering Jew - Eugene
Sue * ZANONI - Bulwer-Lytton * The Counte-
ss Cabalis - Abbe de Villars * The Slayer of
Souls - Chambers * Brother of the THIRD DE-
GREE - GARVER * Dweller on TWO PLANETS -
PHYLOS * MOONPOOL - Merrit * DRACULA - Bram
Stoker [no fiction at all!] * Servant in the
House - Kennedy * Myriam and the MYSTIC BRO-

poor Satan! All these Satanic cults, claiming
the Devil makes them commit their crimes. How
for a change, accepting that it is just the evil IN THEM-
SELVES.
EVEN THAT FICTION containing more REALITY,
than what orthodox science thinks is REAL.

-3108-

THE HOOD * Jewel of Seven stars - Browstoker.
* Among the Rosicrucians - Frau Hartmann.
* Lazarus Laughed - Eugene O'Neill * Heavenly
Discourse - Charles Evansine Scott Wood
and of course

THE DIALOGUES OF PLATO - B. JOWETT * First
Principles - Herbert Spencer * Relativity - Einstein
* Descent of Man - Charles Darwin * GOLDEN
VERSES of PYTHAGORAS * Tertium ORGANUM - O-
pensky * Writings of Aristotle * EMERSON'S
ESSAYS * IAMBLICUS ON THE MYSTERIES * Two
Oration of the EMPEROR JULIAN * Theoretic
Arithmetic - Thomas TAYLOR * MEDITATIONS
OF MARCUS AURELIUS * The story of PHILOSOPHY -
W. J. DURANT * ORIENTAL PHILOSOPHY -
L. ADAMS BECK. * Proclus on the THEOLOGY of
PLATO * The History of Philosophy - THOMAS
STANLEY * SHAKESPEARE'S PLAYS * DANTE'S IN-
FERNO * MELTON'S PARADISE LOST * GOETHE'S
FAUST * WAGNER'S OPERAS * LORD TENNYSON'S
POEMS * PELERIN'S PROGRESS * Bulfinch's MY-
THOLOGY * INGERSOLL'S SPEECHES * Long fellow's

A good example of how even a GENIUS can fail
to see the truth, when he drifts too far away
from COMMON SENSE.

EVERYTHING IS RELATIVE, even and ESPECIALLY
EINSTEIN.

-3109-

poems * "RAPE OF THE LOCK" - POPE * THE AGE OF
REASON" Thomas Paine * THE ARABIAN NIGHTS
Entertainment *

Further

THE SEVEN RAYS - Ernest WOOD * THE MASTERS
and THE PATH - C.W. LEADBEATER * THE PHOENIX -
MANLY P. HALL [and ALL his others books] *
THE WOMAN'S ENCYCLOPEDIA OF MYSTICS and
SECRETS - Barbara C. Walker * ALL books of
SWAMI "baba" MUKTANANDA *

Further

GRIEMM'S FAIRY TALES * THE BIBLE

All these books [and more] derived from ONE source,
a TRUTH and knowledge once common to ALL MAN-
KIND on this globe millions of years ago and NOW
reawakened in THE BOOK OF LIGHT. So by reading
THE BOOK OF LIGHT, you not only have read ALL
these other books, but also assimilated THE ESSENCE
of all of them. The same can be said for all knowledge,
that shall be taught in the FUTURE at our schools
and UNIVERSITIES. The students and professors
and teachers have to consult THE BOOK OF LIGHT

THE BIBLE can truly be called "THE BOOK OF SHAMS"
since I know of no other book, in whose name
have been committed MORE crimes, than in the
name of THE BIBLE. Nevertheless, NOT EVERYTHING writ-
ten in the bible is a forgery, but maybe a CAUTIOUS
MISINTERPRETATION of ASTRONOMICAL and ASTROLO-
GICAL FACTS.

-3114-

OM MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM MANI
 PADME HUM * OM MANI PADME HUM * OM MANI PADME
 HUM * OM MANI PADME HUM * OM MANI PADME HUM *
 OM MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM MA
 NI PADME HUM * OM MANI PADME HUM * OM MANI
 PADME HUM * OM MANI PADME HUM * OM MANI PAD
 ME HUM * OM MANI PADME HUM * OM MANI PADME
 HUM * OM MANI PADME HUM * OM MANI PADME
 HUM * OM MANI PADME HUM * OM MANI PADME HUM *
 OM MANI PADME HUM * OM MANI PADME HUM *
 OM MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 OM MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM
 MANI PADME HUM * OM MANI PADME HUM * OM

-3115-

THE LIGHT IN YOU.

Tossing and turning, inside you are
 burning
 longing to reach the goal
 All your illusions turned into confusion
 and you don't know any more what to do.

YOU DON'T NEED ANYTHING
 ELSE THAN THE LIGHT IN YOU
 YOU DON'T NEED ANYTHING ELSE
 THAN THE LIGHT IN YOU
 WHEREVER YOU ARE, WHEREVER
 YOU GO, WHATEVER YOU DO

Searching for answers, where you can't
 find them, you were too blind to see
 It's all inside you, once you decide to
 listen to THE TRUTH in YOU.
 YOU DON'T NEED ANYTHING
 ELSE THAN THE LIGHT IN YOU
 YOU DON'T NEED ANYTHING ELSE
 THAN THE LIGHT IN YOU
 WHEREVER YOU ARE, WHEREVER
 YOU GO, WHATEVER YOU DO.

-3116-

REBELS OF THE UNIVERSE.

Once we were free, roaming through time
 and space
 shining in cosmic grace
 touching the SUN
 Nothing to fear, MASTERS OF DESTINY
 that's what we used to be
 you and I
 But when KARMA called, we were meant
 to fall
 Cause we didn't obey THE LAW
 REBELS OF THE UNIVERSE
 REBELS OF THE UNIVERSE
 THAT'S WHAT WE ARE
 REBELS OF THE UNIVERSE
 REBELS OF THE UNIVERSE
 WE'VE GONE TOO FAR
 We pay the price, fighting in dignity
 One day we shall be free
 you and I
 Life after life, we shall return again
 until we understand, who we are
 REBELS OF THE UNIVERSE
 REBELS OF THE UNIVERSE
 THAT'S WHAT WE ARE
 REBELS OF THE UNIVERSE
 REBELS OF THE UNIVERSE
 WE'VE GONE TOO FAR

-3117-

but the day shall come, and we will be GODS
 AGAIN, because we are

REBELS OF THE UNIVERSE...

YOU know by now, who they were, these
 REBELS OF THE UNIVERSE, they were... us. By re-
 fusing to give MIND, or MANAS, to a SEWA-
 RATING ANOMOGYNE MANKENO, we allowed the
 vehicle to become SOILED, and some of them
 even had UNLAWFUL unification with Spe-
 cies lower than themselves which caused THE
 APES OF TODAY, and when they [WE] finally
 obeyed KARMA, it was [almost] too late.
 But you and I, we shall win, we shall be
 the SEED for an UPCOMING SIXTH ROOT RACE
 and [after this chain] also the LUNAR SEEDS
 for a new race, which THEN shall be built
 in OUR IMAGE. AVM.

DAUGHTER OF THE PHAROE.

He was one of the million slaves who helped,
 to build THE PYRAMID.
 He was young and handsome but a slave
 what a miserable life he had
 Until the day the PHAROE passed by
 Every body bowed but the slave and
 he looked up right into THE PHAROE'S
 DAUGHTER'S EYES.
 And he fell in love and he fell in love
 *AND Manasaputra

-3118-

with the DAUGHTER OF THE PHAROE
 He fell in love yes he fell with the DAUGHTER
 OF THE PHAROE
 She: "Don't love me, don't love me, cause one
 thing you should know
 YOU MUST DIE, if you love me, THE DAUGHTER
 OF THE PHAROE
 DAUGHTER, DAUGHTER, DAUGHTER OF
 THE PHAROE
 DAUGHTER, DAUGHTER, DAUGHTER OF
 THE PHAROE
 But he couldn't forget her magic

smile, the godly glance in her eyes,
 and he dreamt he was making love
 to her in a hot EGYPTIAN NIGHT
 And suddenly she stood before him, and
 it was reality not a dream and she said:
 "Please love me, please love me, but one thing
 you must know
 When this night is over, you give your
 life to me
 to THE DAUGHTER OF THE PHAROE
 DAUGHTER, DAUGHTER, DAUGHTER OF THE
 PHAROE
 DAUGHTER, DAUGHTER, DAUGHTER OF THE
 PHAROE

-3119-

KUNDALINI

Co dwelling in the MULADHARA at the base of the spine, A snake coiled 3 1/2 times

There is a power flowing from the SUN
 across THE UNIVERSE
 Can you feel it shining through your heart
 touching your VERY SELF
 YOU'RE FREE, YOU'RE FREE!
 Let it be what it wants you to be
 Let it rise, let it set you free.
 KUNDALINI, KUNDALINI,
 LET THE FIRE GLOW, OPEN UP THE
 WINDOW OF YOUR HEART.
 KUNDALINI, KUNDALINI
 ALL THERE IS TO KNOW IS YOURSELF
 AND YOU SHALL REACH THE STARS
 SO many times you tried to find true love
 but it wasn't true.
 Don't you know, that it is deep, deep in-
 side of you.
 Can't you see, can't you see?
 There's a UNIVERSE inside of you and
 me.
 If you just let go, you'll be what
 you're meant to be
 KUNDALINI, KUNDALINI,
 FEEL THE POWER GROW
 OPEN UP THE WINDOW OF YOUR HEART
 KUNDALINI, KUNDALINI, LET THE RIVER
 FLOW, DON'T BE AFRAID TO FALL.

* BECAUSE WE ARE IN THE FOURTH ROUND...

-3120-

And he made love, and he made love
 to the DAUGHTER OF THE PHAROE, and they
 made love, and they made love until
 the morning glow
 At the end of the night he gave his life
 to THE DAUGHTER OF THE PHAROE...

This poem tells us about an era
 of DEGENERATION, when THE SPIRITUAL TRUTH
 was twisted into PHALIC WORSHIP by a corrupt
 PRIESTHOOD. They knew what was CLOSEST to
 the consciousness of THE MASSES: SEX. And they
 also knew what was FARTHEST from the conscious-
 ness of THE MASSES: SPIRIT. But there was
 still that childlike, or should I say CHILDISH,
 fear of God and a tendency towards DEVOTION.
 So the PRIESTS MISUSED THE TRUTH, by turning
 into a BLACK MAGICAL MIXTURE of GOD, SEX
 and... WORSHIP. Who would fit in such a
 concept better, than a SEX GODDESS like CLEO-
 PATRA. Instead of presenting her and CAESAR
 and other worldly leaders in our school books
 as great personalities, we should unmask them
 as what they were: CORRUPT and POWERHUN-
 GRY. MAN SHOULD NOT RULE OVER MAN. AUM.

-3121-

There was NEVER anything else
 but KUNDALINI. You don't have KUNDALINI,
 YOU ARE KUNDALINI. KUNDALINI is a mani-
 festation of FOHAT [cosmic energy]. In its
 LOWEST ASPECT KUNDALINI is SEXUAL ENERGY
 and in its HIGHEST ASPECT - Spirit. Let KUN-
 DALINI rise in you, and you shall experience
 BLISS BEYOND ANY SEXUAL EXPERIENCE.
 AUM.

Allow KUNDALINI to RISE from your LOWEST
 to your HIGHEST chakra. Do not waste your
 SEXUAL ENERGY. It is THE LINK to your HIGHER
 SELF. Don't practice TANTRA SEX. ANY kind
 of SEX for another purpose, than to create
 new life is BLACK MAGIC. Always remember:
 SEX out of LUST creates a CHILD out of LUST. Sex
 out of LOVE creates a child of LOVE.
 BE PURE - BE SIMPLE - BE INNOCENT.

BE LIKE A CHANNEL OF LOVE.

Let it go, let it flow, deep inside you it is growing,
 SO BE, BE A CHANNEL OF LOVE.
 You can't touch it, you can't see it
 but you know it is real
 just be, be A CHANNEL OF LOVE
 Don't let the world fool you,
 don't play their game.
 Things are changing nothing stays the
 same.
 SO BE LIKE A CHANNEL OF LOVE
 LET HIS LIGHT SHINE ON YOU FROM ABOVE.

-3122-

LET THE WORLD KNOW THAT YOU ARE FREE
BE LIKE A BIRD IN THE SKY, SPREAD YOUR
WINGS AND LEARN HOW TO FLY
YOU CAN BE WHATEVER YOU WANT TO BE

When you're feeling down and low, and
you don't know where to go. JUST BE, BE A
CHANNEL OF LOVE

I've been searching all my life
now I know it's deep inside, I can FEEL it
I'm a CHANNEL OF LOVE.
Don't let them fool you, don't play their
game.

Things are changing, NOTHING stays
THE SAME

BE LIKE A CHANNEL OF LOVE
LET HIS LIGHT SHINE ON YOU
FROM ABOVE

LET THE WORLD KNOW THAT YOU
ARE FREE

BE LIKE A BIRD IN THE SKY
SPREAD YOUR WINGS AND LEARN
HOW TO FLY

YOU CAN BE WHATEVER YOU WANT
TO BE, SO BE LIKE A CHANNEL OF
LOVE.

-3123-

you don't always have to say: "I love you." LOVE
IS. LOVE is SVASHAVAT. LOVE is your VERY ES-
SENCE. YOU ARE MADE OF LOVE. That is all there
is. And the LOVE you are made of has only one
purpose, namely to express itself down here on the
physical plane, in order to be a counterpower to
MATTER, whose law is NOT LOVE but CHAOS.
When PARADHRAHMAN interacts with, or in, MÜ-
LAPRAIKVITI, ROOTSPIRIT TOUCHES ROOTMATTER
OR CHAOS, in order to cause CHAOS to attain
STRUCTURE, which is - ORDER. AS STRANGE AS IT
MIGHT SOUND: LOVE IS ORDER. There is no LOVE
in CHAOS. CHAOS is DESTRUCTION, CHAOS is HATE,
FEAR, GREED, LUST, OBSESSION, ADDICTION, EX-
TREME, MATERIAL. LOVE IS QUIET, SIMPLE,
PURE, INNOCENT, SPIRITUAL. LOVE IS ORDER. Try
to get ORDER into your life, and if the world
around you falls to pieces, try to create
ORDER at least in your surrounding.
ORDER begins with LITTLE things, with day to
day work with concentration on seemingly
UNIMPORTANT things, like doing the dishes,
cleaning your room, etc. Thus you FOCUS
your MIND and create at the same time
ORDER IN YOU and prepare yourself to become
a CHANNEL for your TRUE nature, which is
LOVE. ONCE you are that channel, you shall
be able to lavish that LOVE on others. But in
order to be, or become, a CHANNEL OF LOVE you

-3124-

need to have time on your own, with your-
SELF, for instance during MEDITATION.
SOULBREATHMEDITATION prepares yourself,
your PHYSICAL and ASTRAL SELF, to become
a CHANNEL for SVASHAVAT, or this ESSENCE
called LOVE. LOVE is a, though almost
ABSTRACT, ESSENCE and has, as already
mentioned, GREAT DIFFICULTIES to express itself
in, and through, material world. That is, why
the soul has to return so many times [Reincarna-
tion], until it finally has attained full control
over EVERY aspect of matter, and that is also
why MATTER DISAPPEARS at the end, it is de-
materializing, SPIRITUALIZED by the constant-
ly RETURNING and FINALLY WITHDRAWING
SPIRIT. Thus the whole UNIVERSE shall turn
eventually into ONE COSMIC CHANNEL OF
LOVE. AUM.

IN THE MIDDLE OF MY DARKEST NIGHT.

Oh I was standing tall and in my wildest
dreams I thought I'd never fall
The world was at my feet
And there was only me I thought I knew
it all
But then the moment came

For 311,040,000,000,000 terrestrial years.

-3125-

and set my life in flame
and I lost it all
Every move I made and every step I took
was in vain

BUT IN THE MIDDLE OF MY DARKEST NIGHT
I SEE A STAR OF HOPE SHINING BRIGHT.
AND SUDDENLY I UNDERSTAND
THIS IS A LESSON THAT I HAD TO LEARN
AND IN THE MIDDLE OF MY DARKEST NIGHT
I FEEL A GUARDIAN ANGEL BY MY SIDE
HE'S TELLING ME JUST WALK THE PATH
AND GIVE YOUR VERY BEST.

And then I took a stand, that this is not the
end, but a new beginning
and I asked myself, what can I do to help
those who need me?
Deep inside of me, I felt a secret key
opening my heart
and then I realized that in the end I found
MYSELF again.

BUT IN THE MIDDLE OF MY DARKEST NIGHT
I SEE A STAR OF HOPE SHINING BRIGHT
AND SUDDENLY I UNDERSTAND
THIS IS A LESSON THAT I HAD TO LEARN
IN THE MIDDLE OF MY DARKEST NIGHT
I FEEL A GUARDIAN ANGEL BY MY SIDE
HE'S TELLING ME JUST WALK THE PATH
AND GIVE YOUR VERY BEST.

-3126-

SEVEN BRIDGES

Sometimes I'm up, sometimes I'm down
don't know where to go
don't know what to do I'm so alone
But some where in my darkest night
I hear a voice, saying there's still a long
way for you to go.
There are

SEVEN BRIDGES TO CROSS
AND SEVEN MOUNTAINS TO CLIMB
SEVEN TIMES YOU WILL SEE DARKNESS
TIL YOU FIND A LIGHT
THERE ARE MANY PEOPLE LIKE YOU
SEARCHING FOR LOVE
BUT DON'T YOU WORRY YOU ARE GUIDED FROM ABOVE.

Oh Lord I'm on my bended knees
waiting for a sign, waiting for your
light to shine on me
And there you are in all in all your glory
telling me don't be afraid cause soon
you shall be by my side.

But there are

SEVEN BRIDGES TO CROSS AND
SEVEN MOUNTAINS TO CLIMB
SEVEN TIMES YOU WILL SEE DARK-
NESS
TIL YOU FIND A LIGHT

*also meaning: SEVEN HUMANITIES. ONE IS US, and SIX OTHER HUMANITIES [or life-waves] are evolving parallel to us through all LOCALS and TALAS, but not NECESSARILY on our planet EARTH or globe D of the chain.

-3127-

THERE ARE MANY PEOPLE LIKE YOU
SEARCHING FOR LOVE
BUT DON'T YOU WORRY YOU ARE
GUIDED FROM ABOVE.

I LOVE MYSELF THE WAY I AM

I love myself the way I am, there's nothing I
need to change.
I love myself the way I am, there's nothing to
rearrange.
I'm beautiful, I'm capable, and I do what I can
and I love myself just the way I am.
I love myself the way I am, and I love the
way you are
you can't be me, I can't be you, we are just
what we are.
What a boring world it would be if every-
body would be the same, so I love myself just
the way I am.
I like to be the real me, and nobody else's
dream.
We all are ONE, but not the same, can't you
see?
I respect the way you are that's alright with
me
Please respect the way I am, just let me be
me.
There are so many people in the world
nobody is the same

-3128-

So I love myself just the way I am.

In our higher selves we are MAN and woman
at the same time, but we could also say: The Spirit
is SEXLESS. This is a METAPHYSICAL FACT. If you can-
not be happy with yourself you can't be hap-
py with somebody else. ALIGNMENT is the
answer to all questions. ONCE you align yourself,
or your LOWER SELF, to the HIGHER SELF you
shall experience BLISS independent of persons
and things. THEN, sooner or later, you will find
somebody ELSE, who is INDEPENDENT and
STRONG, and THAT independence and strength
shall UNITE YOU.

When you drift too much away from your
INDIVIDUALITY into the WORLD or into worldly
THINGS, you will attract CHAOS into your
life. "I can't live without you" is the FIRST
step into ADDICTION. 99% of all mankind is
ADDICTED to food, sex, literature, emotions,
thoughts, words, money, etc and all of this
is OUTSIDE the realms of your TRUE SELF and
in the realm of your LOWER SELF.

"I LOVE MYSELF THE WAY I AM" does not mean,
that I love [as so many suggest] myself as IMPER-
FECT as I am. Let's say you are an ALCOHOLIC. How
then can you possibly love yourself the way you
are - namely as an ALCOHOLIC? How can you

for instance by studying THE BOOK OF LIGHT.

-3129-

love being an alcoholic? your LOWER self
might love that, your PERSONALITY might
love that, but it is for sure not of the nature
of your HIGHER SELF! All, that being an Alco-
holic does, is, leading you into CHAOS, which in-
deed is the TRUE nature of your LOWER SELF,
because the LOWER decays and the HIGHER survives.
When you love THE HIGHER SELVES in others, you
see the highest in EVERYTHING and EVERYBODY,
no matter how "low" the person might seem
to be for others.

I AM THE SELF

There is a place, where you can always stay
If you need me I will be there night and day
when you're alone all on your own and
when you have nowhere to go, I will be there

I AM THE SELF I AM THE SELF
AND I AM THERE IF YOU NEED HELP
I CANNOT JUDGE I CANNOT HATE I AM
ONLY LOVE I AM THE SELF

Now you think, you don't need me
you're so strong
The day will come and you shall learn

-3130-

that you were wrong, you will fall down on your knees and you will cry, oh help me please and I'll be there cause

I AM THE SELF I AM THE SELF
AND I AM THERE WHEN YOU NEED HELP
I CANNOT JUDGE I CANNOT HATE
I'M ONLY LOVE I AM THE SELF

Like a ship on stormy sea, heading to the shore
you are drifting towards me open up the door.

I AM THE SELF.

-3131-

I AM THE SELF

Do not look ANYWHERE outside, be it for persons or things. It is NOT THERE. It is all IN YOU. This "it is all in you" sounds almost as corny as "I love you", because it has been misused so often. Yet it is true. There is AN OCEAN OF LOVE in you. Why saying I LOVE YOU, if LOVE is what you ARE?
YOU ARE MADE OF LOVE. YOUR TRUE SELF is made of LOVE, the MONAD, the IMPERISHABLE YOU IS LOVE. BUT YOUR PHYSICO-ASTRAL-LOWER MENTAL BODY is often made of HATE, FEAR, ANGER, PASSION, DESIRE etc., because the LOWER SELF is made of CHAOS and has to return to CHAOS one day. BUT YOU, THE TRUE YOU, ARE LOVE, and you can experience LOVE everywhere, be it as BEGGAR or be it as KING. Don't envy the KINGS. Most of them are FOOLS with a GOOD KARMA, and shall be beggars again in their next life, UNLESS they learned their LESSON, because the greater the POWER, the greater the RESPONSIBILITY. Oh Lanoa, you are NOT the body. Are you the house you live in? Are you? Or the apartment? Are you? Or your clothes? Are you? It is all TEMPORARY, isn't it? You don't say: I am my house, you don't say: I am my apartment. You don't say: I am my clothes, you don't say I am my car. You say: I HAVE [or LIVE IN] a house, I HAVE an apartment, & hopefully not...

-3132-

I WEAR clothes, I DRIVE a car etc. In the same way you say "I HAVE a body, and not "I AM a body". You have that body for THIS life, and for the NEXT life you shall receive ANOTHER body. Now you have a MAN'S BODY, in the next life you might have a WOMAN'S body, but YOU are SEXLESS, you are THE MONAD, immortal, imperishable. AVM. What liberates? Meditation? YOGA? What if you are in pain 24 hours a day? You can't meditate, and you can't do YOGA. Oh Lanoa, ONLY KNOWLEDGE brings LIBERATION! Knowledge about the ILLUSIONARY nature of, and IN, EVERYTHING. KNOWLEDGE can even lift you above PHYSICAL PAIN, because once you truly know about the "SECONDS" of a LIFETIME, compared to the ETERNITY of bliss, then you go through it, you TAKE IT, whatever THE PAIN might be, because THEN you also understand, that it was YOU YOURSELF, who created THE CAUSE for this suffering in a FORMER LIFE. You have Arthritis, then you might have misused your physical body on a nutritional level, you are a born diabetic? - Dito. You are born with a weak liver? Maybe you were an ALCOHOLIC in a former life. You have AIDS? Maybe you have misused your sexual energy in a former life. There is and was never, and at NO TIME, any body else to blame, BUT YOU. YOU are the one who

*FOR SURE you have.

-3133-

made you suffer, and you are the one, who made you happy. When you are driving in your car and another car hits you from behind, it is, and was, YOUR FAULT. When somebody breaks into your house and steals your money, it is not HIS fault, it is YOUR fault. Well then should he not go to jail? Only somebody, who is NOT a student of ESOTERIC SCIENCE can ask such a question. It is ALL SELF-CREATED. Once you understand THAT, you LET GO and take every day in BLISSFUL ACCEPTANCE. Read these lines over and over again, Oh Lanoa, they are of the nature of your TRUE HIGHER SELF. Behold, bliss carrier, you are GOD. NOBODY can give you what you already HAVE. NOBODY can GIVE you LOVE. It is just a lie, invented by the PLEASURE-INDUSTRY. The SELF does not eat, does not drink, does not laugh, does not cry, and the self doesn't die. While writing this, I AM the Self, I AM bliss. You can't give me THAT, I can't give you THAT. I am THAT, YOU are THAT, WE are THAT. So we share what we are, we share THAT. You can't become something, that you already ARE. It is just your wrong understanding, that makes you believe, that you can become ANYTHING. It is just, because you have FORGOTTEN, who you are. THE BOOK OF LIGHT shall REMIND you again, who you are, by telling you, where you come from and where you go. When, I ask WHEN will

*and you are the only one who can heal yourself.

